



FOLLOWING JESUS EVERY DAY

FROM HEALING TO HOLINESS

THE SAMSON JOURNEY — 30 DAYS OF RESTORATION



30
DAYS



5
STAGES OF
RESTORATION



AGES
15-17

SEPTEMBER DEVOTIONAL



No matter what
you have been through,
God is not finished
with you.

*Your hair is
beginning to
grow again.*

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5 STAGES OF RESTORATION

Ages 15-17

Scripture: NKJV, unless otherwise noted

WRITTEN BY

AKINKUNMI EMMANUEL AKINLABI

THIS MONTH'S JOURNEY

Your Hair Is Growing Again

This September, we are going to follow the story of Samson -- a man who was chosen by God before he was born, who had great strength and a great calling, but who made some terrible choices. Samson's life was full of pain, bad decisions, and brokenness. But here is the good news: God was not finished with him.

The Bible says that even after Samson lost everything -- his strength, his eyes, his freedom, his purpose -- his hair began to grow again. That's a picture of God's grace. God never gives up on you. He can heal your wounds, forgive your mistakes, and restore your purpose.

This month, we will learn:

- How to acknowledge our wounds
- How to grieve our losses
- How to forgive those who hurt us
- How to receive God's love
- How to break free from lies
- How to walk in holiness and purity
- How to trust God for restoration

No matter what you have been through, no matter how broken you feel, God is not finished with you. Your hair is beginning to grow again.

HOW TO USE THIS

One page a day. Read it slow. Let it land.**01****READ**

Three Scriptures a day. Read them slowly -- out loud if you can.

02**SIT WITH IT**

Every lesson speaks to real life. Let it speak to what's actually going on with you.

03**PRAY IT**

Each day has a short prayer. Make it yours.

04**DECLARE IT**

End with the Word Affirmation. Speak it over your life.

A NOTE BEFORE YOU START

This month deals honestly with pain, brokenness, and things that were never your fault. If something you read stirs up something heavy, don't carry it alone -- talk to a parent, pastor, counselor, or another trusted adult in your life. God heals, and He often does it through people who love you.

THE ROADMAP

30 Days at a Glance**STAGE 1 - THE WOUND**

Day 01	God Sees the Cry of This Generation	Sep 1
Day 02	The Domino Effect of Brokenness	Sep 2
Day 03	The Pain That Drives Us	Sep 3
Day 04	The Fractured Self	Sep 4
Day 05	The Pain of Rejection	Sep 5
Day 06	The Pain of Betrayal	Sep 6
Day 07	Samson's Pain Points	Sep 7

STAGE 2 - THE TURNING POINT

Day 08	The Hope That Begins Healing	Sep 8
Day 09	Repentance, The Turning Point	Sep 9
Day 10	The Marks of Genuine Repentance	Sep 10

STAGE 3 - THE HEALING PROCESS

Day 11	Acknowledge the Wound	Sep 11
Day 12	Grieve the Loss	Sep 12
Day 13	Forgive the Offender	Sep 13
Day 14	Receive God's Love	Sep 14
Day 15	Break Ungodly Agreements	Sep 15
Day 16	The Path to Wholeness	Sep 16

STAGE 4 - HOLINESS & RESTORED STRENGTH

Day 17	Holiness Is Consecration, Not Perfection	Sep 17
Day 18	The Connection Between Healing and Holiness	Sep 18
Day 19	Strength Restored, Purpose Repurposed	Sep 19
Day 20	God Uses Broken Instruments	Sep 20
Day 21	The Rhythm of Restoration	Sep 21
Day 22	Walking in Holiness Daily	Sep 22

STAGE 5 - THE RETURN

Day 23	The Return of Samson, The Return of You	Sep 23
Day 24	The Call to This Generation	Sep 24
Day 25	The Samson Principle	Sep 25
Day 26	A Prayer for the Journey	Sep 26
Day 27	God's Compassion Never Fails	Sep 27
Day 28	From Healing to Holiness, Your Journey	Sep 28
Day 29	The Hope of Restoration	Sep 29
Day 30	The Return of Samson, The Return of You (Final Day)	Sep 30

STAGE 1

THE WOUND

DAYS 1–7

Before healing can begin, the wound has to be named. This stretch is honest about pain -- rejection, betrayal, brokenness -- the things Samson felt, and the things you may feel too.

DAY

01

TUESDAY, SEPTEMBER 1, 2026

God Sees the Cry of This Generation**TODAY'S WORD****Proverbs 1:7 (NKJV)***The fear of the Lord is the beginning of knowledge, but fools despise wisdom and instruction.***Psalms 1:1-3 (ERV)***Great blessings belong to those who don't listen to evil advice, who don't live like sinners, and who don't join those who make fun of God. Instead, they love the Lord's teachings and think about them day and night. They are like trees planted near a stream. Their roots are strong, and their leaves are always green. They produce fruit in season, and everything they do succeeds.***Psalms 34:18 (NKJV)***The Lord is near to those who have a broken heart, and saves such as have a contrite spirit.***MEMORY VERSE - LOCK IT IN*****Psalms 34:18 (NKJV) -- "The Lord is near to those who have a broken heart."*****THE REAL TALK**

The statistics are sobering: two out of every five high school students say they feel persistent sadness. One in five has considered suicide. This generation is hurting. And if we're honest, many of us are carrying wounds we've never talked about, rejection, abandonment, abuse, betrayal. The church often talks about holiness and purity without addressing the pain that drives people away from God. But the Bible starts with healing. Psalm 34:18 doesn't say "God is near to those who have it together." It says He is near to the brokenhearted. That's you. That's me. God doesn't require you to be fixed before you come to Him. He comes to you in your brokenness. He sits with you in the mess. And He begins the healing process, not by shaming you, but by loving you. If you're hurting today, don't run from God. Run to Him. He is close.

PRAYER*God, I bring my broken heart to You. I don't have to pretend I'm fine. Please come close and heal me. Amen.***SPEAK IT OVER YOUR LIFE****"God is near to me in my brokenness. He doesn't reject me, He heals me."**

DAY

02

WEDNESDAY, SEPTEMBER 2, 2026

The Domino Effect of Brokenness**TODAY'S WORD****Proverbs 2:6-7 (NKJV)**

For the Lord gives wisdom; from His mouth come knowledge and understanding; He stores up sound wisdom for the upright; He is a shield to those who walk uprightly.

Psalms 2:11-12 (ERV)

Serve the Lord with fear and trembling. Be glad and celebrate, but bow down to him with fear. Show that you obey his son, or he will be angry and destroy you. But everyone who goes to the son for safety is blessed.

Hebrews 12:15 (NKJV)

Looking carefully lest anyone fall short of the grace of God; lest any root of bitterness springing up cause trouble, and by this many become defiled.

MEMORY VERSE - LOCK IT IN

Hebrews 12:15 (NKJV) -- "Lest any root of bitterness springing up cause trouble, and by this many become defiled."

THE REAL TALK

The "domino effect of brokenness" starts simply: you get hurt. That hurt turns into resentment. Resentment turns into bitterness. Bitterness turns into hatred. And hatred turns into rebellion, you start making choices that hurt yourself and others. Samson's life is a perfect illustration. He was set apart by God, but he was born into a chaotic family. His parents' marriage was strained (his mother was barren). He grew up as an only child in a time when "everyone did what was right in his own eyes." Instead of dealing with his pain, he acted out, breaking his Nazirite vows, pursuing pagan women, seeking revenge at every turn. But Hebrews 12:15 warns us to "look carefully", because bitterness defiles many. Not just you. The people around you. Your bitterness affects your friendships, your family, your future. You cannot heal what you don't acknowledge. So take a hard look at your heart today. Is there someone you haven't forgiven? Is there a hurt you've been holding onto? Give it to God before it becomes a root of bitterness.

PRAYER

God, I know bitterness can destroy me. Please show me where I've been holding onto hurt. I want to let it go. Amen.

SPEAK IT OVER YOUR LIFE

"I refuse to let bitterness take root in my heart. I bring my hurts to God for healing."

DAY

03

THURSDAY, SEPTEMBER 3, 2026

The Pain That Drives Us**TODAY'S WORD****Proverbs 3:5-6 (NKJV)**

Trust in the Lord with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, and He shall direct your paths.

Psalm 3:3-4 (NKJV)

But You, O Lord, are a shield for me, my glory and the One who lifts up my head. I cried to the Lord with my voice, and He heard me from His holy hill. Selah

Judges 14:1-3 (NKJV)

Now Samson went down to Timnah, and saw a woman in Timnah of the daughters of the Philistines. So he went up and told his father and mother, saying, 'I have seen a woman in Timnah of the daughters of the Philistines; now therefore, get her for me as a wife.' Then his father and mother said to him, 'Is there no woman among the daughters of your brethren, or among all my people, that you must go to get a wife from the uncircumcised Philistines?' And Samson said to his father, 'Get her for me, for she pleases me well.'

MEMORY VERSE - LOCK IT IN

Proverbs 3:5-6 (NKJV) -- "Trust in the Lord with all your heart, and lean not on your own understanding."

THE REAL TALK

Samson's story is full of red flags we often miss. The text says he "saw a woman" and then "told his parents", he didn't ask God. He didn't seek counsel. He just demanded what he wanted. His parents tried to reason with him, but Samson disregarded them. Why? Because he was driven by an unhealed wound. Samson was looking for something, acceptance, love, validation, and he was willing to compromise everything to get it. His pain drove him to pursue the very things that would destroy him. Unresolved pain can do that. It can make you chase things you know are wrong because you're desperate to feel loved, seen, or valued. The question is: what pain are you trying to relieve? What are you chasing to fill the emptiness? The good news is that God sees your pain, and He wants to heal it, not shame you for it. Stop running. Turn around. Bring your pain to Him.

PRAYER

God, show me what I've been chasing to fill the emptiness. Help me bring my pain to You instead of running from it. Amen.

SPEAK IT OVER YOUR LIFE

"I don't have to run from my pain. I bring it to God and let Him heal me."

DAY

04

FRIDAY, SEPTEMBER 4, 2026

The Fractured Self**TODAY'S WORD****Proverbs 4:23 (NKJV)***Keep your heart with all diligence, for out of it spring the issues of life.***Psalms 4:7-8 (NKJV)***You have put gladness in my heart, more than in the season that their grain and wine increased. I will both lie down in peace, and sleep; for You alone, O Lord, make me dwell in safety.***James 1:8 (NKJV)***He is a double-minded man, unstable in all his ways.***MEMORY VERSE - LOCK IT IN*****James 1:8 (NKJV) -- "He is a double-minded man, unstable in all his ways."*****THE REAL TALK**

Trauma does something to the soul. When you experience deep pain, especially when you're young, you learn to protect yourself by separating parts of yourself. You learn to be one person at home, another person at school, another person on social media. You learn to hide the parts of yourself that feel shameful. The Bible calls this "double-mindedness", being two souls in one body. Samson was the embodiment of this. He was a Nazirite, consecrated to God before birth, but he lived like a Philistine. He was empowered by the Spirit, but he gave into his passions. He was called to deliver Israel, but he couldn't deliver himself. He compartmentalized his life: sacred versus secular, strength versus weakness, purpose versus pleasure. And it destroyed him. Healing requires integration, bringing all the parts of yourself to God. No more hiding. No more compartments. God wants all of you, the good, the bad, the shameful, the hopeful. He wants to make you whole.

PRAYER*God, I confess that I've been divided. Please help me bring all of myself to You. Heal the parts I've been hiding. Amen.***SPEAK IT OVER YOUR LIFE****"God is making me whole. I don't have to hide any part of myself from Him."**

DAY

05

SATURDAY, SEPTEMBER 5, 2026

The Pain of Rejection**TODAY'S WORD****Proverbs 5:21 (NKJV)***For the ways of man are before the eyes of the Lord, and He ponders all his paths.***Psalms 5:11-12 (NKJV)***But let all those rejoice who put their trust in You; let them ever shout for joy, because You defend them; let those also who love Your name be joyful in You. For You, O Lord, will bless the righteous; with favor You will surround him as with a shield.***Judges 13:2-5 (NKJV)***Now there was a certain man from Zorah, of the family of the Danites, whose name was Manoah; his wife was barren and had no children. And the Angel of the Lord appeared to the woman and said to her, 'Indeed now, you are barren and have borne no children, but you shall conceive and bear a son. Now therefore, please be careful not to drink wine or similar drink, and not to eat anything unclean. For behold, you shall conceive and bear a son. And no razor shall come upon his head, for the child shall be a Nazirite to God from the womb; and he shall begin to deliver Israel out of the hand of the Philistines.'***MEMORY VERSE - LOCK IT IN*****Psalms 5:11-12 (NKJV) -- "Let all those rejoice who put their trust in You; with favor You will surround him as with a shield."*****THE REAL TALK**

Samson's story begins with rejection. His mother was barren, a condition that carried deep stigma. His parents' marriage was likely marked by disappointment and shame. Samson grew up as the only child of a troubled family, in a time of national chaos. He may have felt like an outsider, set apart by God but rejected by people. The pain of rejection is one of the deepest wounds a person can carry. It tells you, "You don't belong. You're not wanted. You're not enough." And that pain drives you to seek acceptance in all the wrong places. Samson pursued Philistine women because he was looking for someone, anyone, to accept him. Rejection drives us to compromise. But healing comes when you realize: God does not reject you. He chose you before the foundation of the world. You are not an accident. You are not unwanted. You belong to Him.

PRAYER*God, I've been carrying the pain of rejection. Please heal me and help me know that I am fully accepted by You. Amen.***SPEAK IT OVER YOUR LIFE****"God does not reject me. I am chosen, loved, and accepted in Him."**

DAY

06

SUNDAY, SEPTEMBER 6, 2026

The Pain of Betrayal**TODAY'S WORD****Proverbs 6:20-22 (NKJV)**

My son, keep your father's command, and do not forsake the law of your mother. Bind them continually upon your heart; tie them around your neck. When you roam, they will lead you; when you sleep, they will keep you; and when you awake, they will speak with you.

Psalm 6:8-9 (NKJV)

Depart from me, all you workers of iniquity; for the Lord has heard the voice of my weeping. The Lord has heard my supplication; the Lord will receive my prayer.

Judges 14:20 (NKJV)

But Samson's wife was given to his companion, who had been his best man.

MEMORY VERSE - LOCK IT IN

Psalm 6:8-9 (NKJV) -- "The Lord has heard the voice of my weeping; the Lord will receive my prayer."

THE REAL TALK

Betrayal is one of the most painful human experiences. Samson experienced it not once, but repeatedly. His wife, the woman he chose, the one he was willing to defy his parents for, was given to another man. Later, Delilah would betray him for silver. His own people bound him and handed him over to the Philistines. Samson was surrounded by betrayal. And instead of dealing with the pain, he responded with rage and revenge. He never learned to process his pain, he just acted out. Betrayal tells you that you can't trust anyone. It makes you suspicious, defensive, and isolated. But God is not a betrayer. He is faithful. He will never leave you or forsake you. You can bring your betrayal to Him, and He will not betray you. He will heal you.

PRAYER

God, I've been betrayed and it hurts. Please heal the wounds of betrayal in my heart. Help me learn to trust You, even when people let me down. Amen.

SPEAK IT OVER YOUR LIFE

"God is faithful. He will never betray me. I can trust Him."

DAY

07

MONDAY, SEPTEMBER 7, 2026

Samson's Pain Points**TODAY'S WORD****Proverbs 7:1-3 (NKJV)**

My son, keep my words, and treasure my commands within you. Keep my commands and live, and my law as the apple of your eye. Bind them on your fingers; write them on the tablet of your heart.

Psalms 7:17 (NKJV)

I will praise the Lord according to His righteousness, and will sing praise to the name of the Lord Most High.

Judges 16:18-20 (NKJV)

When Delilah saw that he had told her all his heart, she sent and called for the lords of the Philistines, saying, 'Come up once more, for he has told me all his heart.' So the lords of the Philistines came up to her and brought the money in their hand. Then she lulled him to sleep on her knees, and called for a man and had him shave off the seven locks of his head. Then she began to torment him, and his strength left him. And she said, 'The Philistines are upon you, Samson!' So he awoke from his sleep, and said, 'I will go out as before, at other times, and shake myself free!' But he did not know that the Lord had departed from him.

MEMORY VERSE - LOCK IT IN

Psalms 7:17 (NKJV) -- "I will praise the Lord according to His righteousness."

THE REAL TALK

Samson's pain points were foundational to his dysfunction. He was rejected by his parents (they were distant, strained, and he ignored their counsel). He was betrayed by his wife. He was betrayed by Delilah. His own people bound him and handed him over. He was isolated, a man utterly alone. And instead of seeking healing, he sought revenge, pleasure, and escape. The pain in your life doesn't excuse your sin, but it explains why you might be running, hiding, or acting out. Unresolved pain drives destructive choices. If you want to walk in purity and holiness, you have to deal with your pain. You can't heal what you won't acknowledge. So ask yourself honestly: what pain points are in my life? Where have I been rejected? Where have I been betrayed? Where am I deeply alone? Bring those places to God. He is not shaming you. He is healing you.

PRAYER

God, I'm tired of running from my pain. I bring it all to You, the rejection, the betrayal, the loneliness. Please heal me. Amen.

SPEAK IT OVER YOUR LIFE

"I bring my pain to God. He is not shaming me, He is healing me."

STAGE 2

THE TURNING POINT

DAYS 8–10

Hope isn't denial -- it's the first step back. This short stretch is about the moment pain turns toward repentance and a real turning point with God.

DAY

08

TUESDAY, SEPTEMBER 8, 2026

The Hope That Begins Healing**TODAY'S WORD****Proverbs 8:17 (NKJV)***I love those who love me, and those who seek me diligently will find me.***Psalms 8:3-4 (NKJV)***When I consider Your heavens, the work of Your fingers, the moon and the stars, which You have ordained, what is man that You are mindful of him, and the son of man that You visit him?***Judges 16:22 (NKJV)***However, the hair of his head began to grow again after it had been shaved.***MEMORY VERSE - LOCK IT IN*****Judges 16:22 (NKJV) -- "The hair of his head began to grow again after it had been shaved."*****THE REAL TALK**

The turning point in Samson's story is not his final prayer, it's the verse that precedes it: "However, the hair of his head began to grow again" (Judges 16:22). This single sentence signals that God is not finished with Samson. Grace is already at work before Samson even asks. This is the order of grace: God works while we are still powerless. Romans 5:6 says Christ died for the ungodly, while we were still weak, still sinners. Samson's restoration was gradual, hidden, and significant. The Philistines didn't notice his hair growing back. But it was a few millimeters of stubble that forecast a coming victory. The same is true for you. Maybe you feel like you're in a prison. Maybe you feel blind, bound, or trapped by your past. But grace is working quietly. Your "hair" is beginning to grow again. God is not finished with you.

PRAYER*God, I feel like I'm in a prison sometimes. But thank You that grace is quietly working. Help me trust that You are not finished with me. Amen.***SPEAK IT OVER YOUR LIFE****"Grace is quietly working in my life. God is not finished with me."**

DAY

09

WEDNESDAY, SEPTEMBER 9, 2026

Repentance, The Turning Point**TODAY'S WORD****Proverbs 9:10 (NKJV)***The fear of the Lord is the beginning of wisdom, and the knowledge of the Holy One is understanding.***Psalms 9:9-10 (NKJV)***The Lord also will be a refuge for the oppressed, a refuge in times of trouble. And those who know Your name will put their trust in You; for You, Lord, have not forsaken those who seek You.***Judges 16:28 (NKJV)***Then Samson called to the Lord, saying, 'O Lord GOD, please remember me and strengthen me, just once more, O God, so that I may with one blow take vengeance on the Philistines for my two eyes.'***MEMORY VERSE - LOCK IT IN*****Judges 16:28 (NKJV) -- "O Lord GOD, please remember me and strengthen me, just once more."*****THE REAL TALK**

Samson's final prayer is a model of repentance, not because it's eloquent, but because it's honest. He prays, "O Lord GOD, please remember me and strengthen me, just once more." Notice what he doesn't do: he doesn't make excuses. He doesn't blame Delilah. He doesn't blame his parents. He doesn't say, "I'm a victim." He simply acknowledges his dependence on God and asks for strength. Repentance is not about groveling, it's about turning. Samson's eyes were gone, the source of his lust had been removed. He was freed from the thing that had brought him down. True repentance involves letting go of the things that led you astray and turning back to God. It's not just feeling sorry, it's changing direction. What do you need to let go of? What has been leading you astray? Today is the day to turn back.

PRAYER*God, I confess I've been going my own way. Please forgive me and strengthen me to go Your way. Amen.***SPEAK IT OVER YOUR LIFE****"Repentance is turning from sin and turning to God."**

DAY

10

THURSDAY, SEPTEMBER 10, 2026

The Marks of Genuine Repentance**TODAY'S WORD****Proverbs 10:19 (NKJV)***In the multitude of words sin is not lacking, but he who restrains his lips is wise.***Psalm 10:17-18 (NKJV)***Lord, You have heard the desire of the humble; You will prepare their heart; You will cause Your ear to hear, to do justice to the fatherless and the oppressed, that the man of the earth may oppress no more.***Luke 3:8-9 (NKJV)***Therefore bear fruits worthy of repentance, and do not begin to say to yourselves, 'We have Abraham as our father.' For I say to you that God is able to raise up children to Abraham from these stones. And even now the ax is laid to the root of the trees. Therefore every tree which does not bear good fruit is cut down and thrown into the fire.***MEMORY VERSE - LOCK IT IN*****Luke 3:8 (NKJV) -- "Bear fruits worthy of repentance."*****THE REAL TALK**

The Bible distinguishes between remorse and repentance. Remorse is feeling bad about the consequences of sin. Repentance is turning away from sin itself. Samson shows us four marks of genuine repentance: First, recognition, he acknowledged his need for God. Second, release, he let go of the thing that had led him astray (his eyes were gone). Third, return, he turned back to God's purposes, not his own revenge. Fourth, restoration, God answered his prayer and used him again. John the Baptist said, "Bear fruits worthy of repentance." What fruit are you bearing? If you've confessed sin but keep doing it, that's not repentance, that's regret. Genuine repentance changes your direction. It produces different choices, different habits, different relationships. Ask yourself: is my repentance real? Am I bearing fruit?

PRAYER*God, I want my repentance to be genuine, not just regret. Please help me bear fruit that shows I have truly changed. Amen.***SPEAK IT OVER YOUR LIFE****"Genuine repentance produces change. I will bear fruit that shows I've turned to God."**

STAGE 3

THE HEALING PROCESS

DAYS 11–16

Healing has steps: acknowledge the wound, grieve the loss, forgive the offender, receive God's love, break the ungodly agreements. This is the road to wholeness.

DAY

11

FRIDAY, SEPTEMBER 11, 2026

Acknowledge the Wound**TODAY'S WORD****Proverbs 11:24-25 (NKJV)**

There is one who scatters, yet increases more; and there is one who withholds more than is right, but it leads to poverty. The generous soul will be made rich, and he who waters will also be watered himself.

Psalms 11:4-5 (NKJV)

The Lord is in His holy temple, the Lord's throne is in heaven; His eyes behold, His eyelids test the sons of men. The Lord tests the righteous, but the wicked and the one who loves violence His soul hates.

Psalms 34:18 (NKJV)

The Lord is near to those who have a broken heart, and saves such as have a contrite spirit.

MEMORY VERSE - LOCK IT IN

Psalms 34:18 (NKJV) -- "The Lord is near to those who have a broken heart."

THE REAL TALK

The first step in healing is acknowledgment. You cannot heal what you will not acknowledge. Samson never fully acknowledged his pain, the rejection of his parents, the betrayal of his wife, the isolation of his life. He just acted out, seeking revenge, seeking pleasure, seeking escape. The result was destruction. If you want to walk in wholeness, you have to be honest about your wounds. Write them down. Name them. Rejection. Abandonment. Abuse. Betrayal. Loss. Don't minimize them. Don't spiritualize them away. God is not afraid of your wounds, He wants to heal them. But He won't heal what you won't bring to Him. So bring it all. Every hurt. Every injustice. Every tear. He is near to the brokenhearted. He will heal you.

PRAYER

God, I stop pretending I'm fine. I bring my wounds to You, all of them. Please heal me. Amen.

SPEAK IT OVER YOUR LIFE

"I acknowledge my wounds so God can heal them."

DAY

12

SATURDAY, SEPTEMBER 12, 2026

Grieve the Loss**TODAY'S WORD****Proverbs 12:25 (NKJV)***Anxiety in the heart of man causes depression, but a good word makes it glad.***Psalm 12:5-6 (NKJV)***For the oppression of the poor, for the sighing of the needy, now I will arise," says the Lord; "I will set him in the safety for which he yearns." The words of the Lord are pure words, like silver tried in a furnace of earth, purified seven times.***Lamentations 3:19-23 (NKJV)***Remember my affliction and roaming, the wormwood and the gall. My soul still remembers and sinks within me. This I recall to my mind, therefore I have hope. Through the Lord's mercies we are not consumed, because His compassions fail not. They are new every morning; great is Your faithfulness.***MEMORY VERSE - LOCK IT IN*****Lamentations 3:22-23 (NKJV) -- "Through the Lord's mercies we are not consumed, because His compassions fail not. They are new every morning."*****THE REAL TALK**

We live in a culture that avoids grief. We want to move on quickly, stay busy, and pretend we're fine. But healing requires grief. Samson never grieved his losses, and that's why he stayed stuck in anger and revenge. The book of Lamentations models what grief looks like: honest, raw, painful. "My soul still remembers and sinks within me." But grief is not the end, it's the path to hope. "Through the Lord's mercies we are not consumed." Grief is letting the sadness out so hope can grow. What losses are you carrying? A relationship that ended? A dream that died? A childhood you didn't have? You need to grieve those losses, not forever, but honestly. Bring your grief to God. He is close to the brokenhearted.

PRAYER*God, I've been avoiding grief. Please help me feel the sadness so I can find the hope. Amen.***SPEAK IT OVER YOUR LIFE****"I grieve my losses honestly so God can heal me."**

DAY

13

SUNDAY, SEPTEMBER 13, 2026

Forgive the Offender**TODAY'S WORD****Proverbs 13:12 (NKJV)***Hope deferred makes the heart sick, but when the desire comes, it is a tree of life.***Psalms 13:5-6 (NKJV)***But I have trusted in Your mercy; my heart shall rejoice in Your salvation. I will sing to the Lord, because He has dealt bountifully with me.***Ephesians 4:31-32 (NKJV)***Let all bitterness, wrath, anger, clamor, and evil speaking be put away from you, with all malice. And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you.***MEMORY VERSE - LOCK IT IN*****Ephesians 4:32 (NKJV) -- "Be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you."*****THE REAL TALK**

Forgiveness is not a feeling, it's a choice. It's choosing to release the offender from the debt you feel they owe you. Samson never made that choice. He spent his life seeking revenge, and it destroyed him. Paul says, "Put away all bitterness, wrath, anger, clamor, and evil speaking." Bitterness is a poison that hurts you more than anyone else. Forgiveness doesn't mean the person didn't hurt you. It doesn't mean you have to reconcile with an unrepentant person. It doesn't mean you have to forget what happened. It means you give the pain to God and trust Him to do justice. It means you choose to bless rather than curse. Who has hurt you? Who have you been holding a grudge against? Today, choose to forgive. It will set you free.

PRAYER*God, I choose to forgive the people who have hurt me. I release them to You and ask You to heal my heart. Amen.***SPEAK IT OVER YOUR LIFE****"I choose forgiveness. It sets me free from bitterness."**

DAY

14

MONDAY, SEPTEMBER 14, 2026

Receive God's Love**TODAY'S WORD****Proverbs 14:29 (NKJV)***He who is slow to wrath has great understanding, but he who is impulsive exalts folly.***Psalms 14:1-2 (NKJV)***The fool has said in his heart, 'There is no God.' They are corrupt, they have done abominable works, there is none who does good. The Lord looks down from heaven upon the children of men, to see if there are any who understand, who seek God.***Romans 8:38-39 (NKJV)***For I am persuaded that neither death nor life, nor angels nor principalities nor powers, nor things present nor things to come, nor height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord.***MEMORY VERSE - LOCK IT IN*****Romans 8:38-39 (NKJV) -- "Nothing shall be able to separate us from the love of God."*****THE REAL TALK**

The deepest wound of rejection is healed by the deepest truth of the gospel: you are loved with an unbreakable love. Samson never fully received this love. He was a man of performance, not of resting. He tried to earn acceptance through his strength, through his victories, through his conquests. But it was never enough. Paul says nothing can separate us from the love of God, not any power, not any height, not any depth, not any created thing. That means your rejection doesn't define you. Your failures don't define you. Your past doesn't define you. God's love defines you. You don't have to earn it, you just have to receive it. Today, stop performing. Stop striving. Rest in the love of God.

PRAYER*God, I stop trying to earn what You already give. I receive Your love. Please heal the wounds of rejection with the truth of Your acceptance. Amen.***SPEAK IT OVER YOUR LIFE****"I am loved with an unbreakable love. I rest in God's love."**

DAY

15

TUESDAY, SEPTEMBER 15, 2026

Break Ungodly Agreements**TODAY'S WORD****Proverbs 15:1 (NKJV)***A soft answer turns away wrath, but a harsh word stirs up anger.***Psalms 15:1-2 (NKJV)***Lord, who may abide in Your tabernacle? Who may dwell in Your holy hill? He who walks uprightly, and works righteousness, and speaks the truth in his heart.***John 8:31-32 (NKJV)***Then Jesus said to those Jews who believed Him, 'If you abide in My word, you are My disciples indeed. And you shall know the truth, and the truth shall make you free.'***MEMORY VERSE - LOCK IT IN*****John 8:32 (NKJV) -- "You shall know the truth, and the truth shall make you free."*****THE REAL TALK**

Ungodly agreements are lies we believe about ourselves, others, and God, usually formed in response to trauma. "I am worthless." "No one will ever love me." "I have to perform to be accepted." "God is angry with me." These lies become the foundation of our identity and drive our destructive behavior. Samson believed the lie that his strength was in his hair, not in his consecration to God. So when his hair was cut, he thought he was powerless, but that was a lie. His strength came from God. Jesus said, "You shall know the truth, and the truth shall make you free." The truth is the only thing that can break the power of the lie. What lies have you believed? Write them down. Then write the truth that contradicts each one. Declare the truth aloud. Break the agreement. Receive God's truth.

PRAYER*God, I break the agreement with every lie I've believed. I receive Your truth about who I am in Christ. Amen.***SPEAK IT OVER YOUR LIFE****"I break every lie and receive God's truth. The truth sets me free."**

DAY

16

WEDNESDAY, SEPTEMBER 16, 2026

The Path to Wholeness**TODAY'S WORD****Proverbs 16:24 (NKJV)***Pleasant words are like a honeycomb, sweetness to the soul and health to the bones.***Psalms 16:5-6 (NKJV)***O Lord, You are the portion of my inheritance and my cup; You maintain my lot. The lines have fallen to me in pleasant places; yes, I have a good inheritance.***James 5:16 (NKJV)***Confess your trespasses to one another, and pray for one another, that you may be healed. The effective, fervent prayer of a righteous man avails much.***MEMORY VERSE - LOCK IT IN*****James 5:16 (NKJV) -- "Confess your trespasses to one another, and pray for one another, that you may be healed."*****THE REAL TALK**

Samson's tragic flaw was isolation. He had no one to speak into his life, no one to hold him accountable, no one to pray for him. He was a lone wolf, and wolves are easy prey. James 5:16 gives us the pathway to wholeness: confession and prayer. Confession is bringing the hidden parts of your life into the light, with safe people who will love you, not shame you. Prayer is inviting God into the process. Healing happens in community. You cannot heal alone. Find a small group of trusted friends. Find a mentor. Find a safe adult. Let them speak into your life. Let them pray for you. That is the path to wholeness.

PRAYER*God, I don't want to be isolated anymore. Please bring safe people into my life who will walk with me and pray for me. Amen.***SPEAK IT OVER YOUR LIFE****"I need community for healing. I will find safe people to walk with me."**

STAGE 4

HOLINESS & RESTORED STRENGTH

DAYS 17–22

Holiness was never about being perfect -- it's about being set apart. This stretch connects your healing to a daily walk with God, and shows how He uses broken people to do great things.

DAY

17

THURSDAY, SEPTEMBER 17, 2026

Holiness Is Consecration, Not Perfection**TODAY'S WORD****Proverbs 17:22 (NKJV)***A merry heart does good, like medicine, but a broken spirit dries the bones.***Psalms 17:6-7 (NKJV)***I have called upon You, for You will hear me, O God; incline Your ear to me, and hear my speech. Show Your marvelous lovingkindness by Your right hand, O You who save those who trust in You from those who rise up against them.***Romans 12:1-2 (NKJV)***I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service. And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.***MEMORY VERSE - LOCK IT IN*****Romans 12:1 (NKJV) -- "Present your bodies a living sacrifice, holy, acceptable to God."*****THE REAL TALK**

Holiness is often misunderstood as moral perfection, and that misunderstanding leads to either pride (if you think you've achieved it) or despair (if you know you haven't). But biblical holiness is not perfection, it's consecration. It's being set apart for God's purposes. Samson was set apart from the womb, he was a Nazirite, but he never fully embraced his consecration. He lived for himself. Romans 12:1 calls us to present our bodies as living sacrifices, holy, acceptable to God. That's not about being sinless; it's about being surrendered. It's about direction, not perfection. You will fall. You will make mistakes. But you can still be set apart. You can still say, "God, I'm Yours." That's holiness.

PRAYER*God, I present myself to You. I'm not perfect, but I'm Yours. Help me live like I belong to You. Amen.***SPEAK IT OVER YOUR LIFE****"Holiness is consecration, not perfection. I am set apart for God."**

DAY

18

FRIDAY, SEPTEMBER 18, 2026

The Connection Between Healing and Holiness**TODAY'S WORD****Proverbs 18:10 (NKJV)***The name of the Lord is a strong tower; the righteous run to it and are safe.***Psalms 18:1-2 (NKJV)***I will love You, O Lord, my strength. The Lord is my rock and my fortress and my deliverer; my God, my strength, in whom I will trust; my shield and the horn of my salvation, my stronghold.***1 Peter 1:15-16 (NKJV)***But as He who called you is holy, you also be holy in all your conduct, because it is written, 'Be holy, for I am holy.'***MEMORY VERSE - LOCK IT IN****1 Peter 1:15-16 (NKJV) -- "As He who called you is holy, you also be holy in all your conduct."****THE REAL TALK**

There is no holiness without healing. Unhealed wounds drive us to sin, we seek love in wrong places, we escape through addiction, we act out in anger. Samson's unhealed pain kept him from living holy. He was set apart for God, but his wounds drove him to compromise. 1 Peter 1:15-16 calls us to be holy in all our conduct. That is not a call to ignore our pain, it's a call to bring our pain to God so He can heal us. Holiness is not about white-knuckling your way through life. It's about being healed enough to live free. Are you bringing your wounds to God? Are you letting Him heal you so you can be holy?

PRAYER*God, I don't want my wounds to keep me from holiness. Please heal me so I can live like You. Amen.***SPEAK IT OVER YOUR LIFE****"Healing leads to holiness. I bring my wounds to God so I can live holy."**

DAY

19

SATURDAY, SEPTEMBER 19, 2026

Strength Restored, Purpose Repurposed**TODAY'S WORD****Proverbs 19:20-21 (NKJV)**

Listen to counsel and receive instruction, that you may be wise in your latter days. There are many plans in a man's heart, nevertheless the Lord's counsel, that will stand.

Psalms 19:7-8 (NKJV)

The law of the Lord is perfect, converting the soul; the testimony of the Lord is sure, making wise the simple; the statutes of the Lord are right, rejoicing the heart; the commandment of the Lord is pure, enlightening the eyes.

Judges 16:30 (NKJV)

Then Samson said, 'Let me die with the Philistines!' And he pushed with all his might, and the temple fell on the lords and all the people who were in it. So the dead that he killed at his death were more than those he had killed in his life.

MEMORY VERSE - LOCK IT IN

Judges 16:30 (NKJV) -- "The dead that he killed at his death were more than those he had killed in his life."

THE REAL TALK

Samson's final prayer was answered. God gave him strength one last time, not for personal revenge, but for God's glory. In his death, Samson accomplished more than in his entire life. That is the Samson Principle: God can take the very results of your failure and use them for His glory. Your failures do not disqualify you. Your mistakes do not end your purpose. God is a God of restoration. He can repurpose the broken pieces of your life. If you've fallen, get back up. If you've failed, repent. God is not finished with you. Your strength is being restored. Your purpose is being repurposed.

PRAYER

God, I've fallen, but I believe You are not finished with me. Please restore my strength and repurpose my life for Your glory. Amen.

SPEAK IT OVER YOUR LIFE

"God repurposes my failures. He is not finished with me."

DAY

20

SUNDAY, SEPTEMBER 20, 2026

God Uses Broken Instruments**TODAY'S WORD****Proverbs 20:24 (NKJV)***A man's steps are of the Lord; how then can a man understand his own way?***Psalms 20:7-8 (NKJV)***Some trust in chariots, and some in horses; but we will remember the name of the Lord our God. They have bowed down and fallen; but we have risen and stand upright.***2 Corinthians 4:7 (NKJV)***But we have this treasure in earthen vessels, that the excellence of the power may be of God and not of us.***MEMORY VERSE - LOCK IT IN*****2 Corinthians 4:7 (NKJV) -- "We have this treasure in earthen vessels, that the excellence of the power may be of God."*****THE REAL TALK**

The apostle Paul says we have treasure in clay pots. The clay pot is fragile, breakable, unimpressive. But the treasure inside is priceless. Samson was a clay pot, broken by his wounds, shattered by his choices, cracked by his compromises. But God's treasure was in him. His final act was for God's glory. God doesn't need perfect instruments, He uses broken ones. Your imperfections don't disqualify you. They make you a vessel for God's glory. The world looks for impressive people. God looks for available people. Broken, humble, available. That's who He uses. Will you let Him use you?

PRAYER*God, I'm not impressive, but I'm available. Please put Your treasure in me and use me for Your glory. Amen.***SPEAK IT OVER YOUR LIFE****"God uses broken vessels. I am available for His glory."**

DAY

21

MONDAY, SEPTEMBER 21, 2026

The Rhythm of Restoration**TODAY'S WORD****Proverbs 21:1-2 (NKJV)**

The king's heart is in the hand of the Lord, like the rivers of water; He turns it wherever He wishes. Every way of a man is right in his own eyes, but the Lord weighs the hearts.

Psalms 21:13 (NKJV)

Be exalted, O Lord, in Your own strength! We will sing and praise Your power.

Philippians 1:6 (NKJV)

Being confident of this very thing, that He who has begun a good work in you will complete it until the day of Jesus Christ.

MEMORY VERSE - LOCK IT IN

Philippians 1:6 (NKJV) -- "He who has begun a good work in you will complete it."

THE REAL TALK

We live in a world of instant gratification, but restoration is not instant. It's a rhythm. Samson's hair "began to grow", it was gradual, hidden, and significant. Philippians 1:6 gives us the confidence that God who began a good work in us will complete it. That means God is not in a hurry. He is patient with the process. Sanctification is from glory to glory, step by step, line upon line. You may not feel healed yet. You may not see dramatic change. But God is working. Be patient with yourself. Don't give up. The rhythm of restoration is slow and steady, but it is sure.

PRAYER

God, help me trust the rhythm of restoration. I know You are not finished with me. Please complete the work You started. Amen.

SPEAK IT OVER YOUR LIFE

"God is patient with the process. He is completing His work in me."

DAY

22

TUESDAY, SEPTEMBER 22, 2026

Walking in Holiness Daily**TODAY'S WORD****Proverbs 22:6 (NKJV)***Train up a child in the way he should go, and when he is old he will not depart from it.***Psalm 22:24 (NKJV)***For He has not despised nor abhorred the affliction of the afflicted; nor has He hidden His face from Him; but when He cried to Him, He heard.***1 Thessalonians 4:3-8 (NKJV)***For this is the will of God, your sanctification: that you should abstain from sexual immorality; that each of you should know how to possess his own vessel in sanctification and honor, not in passion of lust, like the Gentiles who do not know God; that no one should take advantage of and defraud his brother in this matter, because the Lord is the avenger of all such, as we also forewarned you and testified. For God did not call us to uncleanness, but in holiness. Therefore he who rejects this does not reject man, but God, who has also given us His Holy Spirit.***MEMORY VERSE - LOCK IT IN****1 Thessalonians 4:3 (NKJV) -- "This is the will of God, your sanctification."****THE REAL TALK**

Sanctification is not a moment, it's a lifestyle. 1 Thessalonians 4:3 says, "This is the will of God, your sanctification." Holiness is not a special calling for a few, it's the will of God for everyone. And it's lived out in the small choices: what you watch, what you listen to, what you say, who you spend time with. Samson's small compromises, pursuing the wrong women, breaking his vows, acting in anger, led to big failures. Holiness is about the daily rhythm of choosing God. Not perfectly, but faithfully. Today, in every small choice, ask: Does this honor God? Walk in holiness.

PRAYER*God, I want to walk in holiness every day, not just in big moments, but in small choices. Help me honor You. Amen.***SPEAK IT OVER YOUR LIFE****"I walk in holiness by making daily choices that honor God."**

STAGE 5

THE RETURN

DAYS 23–30

This is Samson's final chapter, and it can be yours too -- restoration, purpose, and a generation called back to God. Your hair is growing again.

DAY

23

WEDNESDAY, SEPTEMBER 23, 2026

The Return of Samson, The Return of You**TODAY'S WORD****Proverbs 23:23 (NKJV)***Buy the truth, and do not sell it, also wisdom and instruction and understanding.***Psalms 23:4 (NKJV)***Yea, though I walk through the valley of the shadow of death, I will fear no evil; for You are with me; Your rod and Your staff, they comfort me.***Joel 2:25 (NKJV)***So I will restore to you the years that the swarming locust has eaten, the crawling locust, the consuming locust, and the chewing locust, My great army which I sent among you.***MEMORY VERSE - LOCK IT IN*****Joel 2:25 (NKJV) -- "I will restore to you the years that the swarming locust has eaten."*****THE REAL TALK**

The return of Samson is a picture of the return of you. Samson's story begins in failure, but it ends in restoration. God restored his strength, his purpose, and his legacy. Joel 2:25 promises that God will restore the years the locusts have eaten, the wasted years, the painful years, the years lost to sin and suffering. God is a God of restoration. He can bring beauty from ashes. He can use your failures for His glory. Your story is not over. God is not finished with you. Return to Him. He will restore you.

PRAYER*God, I return to You. I trust You to restore the wasted years. Please bring beauty from ashes and use me for Your glory. Amen.***SPEAK IT OVER YOUR LIFE****"God restores the years that were wasted. He is not finished with me."**

DAY

24

THURSDAY, SEPTEMBER 24, 2026

The Call to This Generation**TODAY'S WORD****Proverbs 24:16 (NKJV)***For a righteous man may fall seven times and rise again, but the wicked shall fall by calamity.***Psalms 24:1-2 (NKJV)***The earth is the Lord's, and all its fullness, the world and those who dwell therein. For He has founded it upon the seas, and established it upon the waters.***Psalms 34:18 (NKJV)***The Lord is near to those who have a broken heart, and saves such as have a contrite spirit.***MEMORY VERSE - LOCK IT IN*****Psalms 34:18 (NKJV) -- "The Lord is near to those who have a broken heart."*****THE REAL TALK**

The statistics are staggering: two out of five high school students experience persistent sadness. One in five has considered suicide. This generation is wounded, not just morally, but emotionally. And the church has often responded by preaching holiness without addressing the pain. But Psalm 34:18 says God is near to the brokenhearted. He doesn't shame the wounded, He heals them. The call to this generation is to bring healing. To listen. To pray. To love. To tell people: "You are not too broken. God is not finished with you. He can heal your heart and restore your purpose." Will you answer the call?

PRAYER*God, help me bring healing to this generation. Show me who needs Your love and hope today. Amen.***SPEAK IT OVER YOUR LIFE****"I answer the call to bring healing to this generation."**

DAY

25

FRIDAY, SEPTEMBER 25, 2026

The Samson Principle**TODAY'S WORD****Proverbs 25:21-22 (NKJV)**

If your enemy is hungry, give him bread to eat; and if he is thirsty, give him water to drink; for so you will heap coals of fire on his head, and the Lord will reward you.

Psalms 25:4-5 (NKJV)

Show me Your ways, O Lord; teach me Your paths. Lead me in Your truth and teach me, for You are the God of my salvation; on You I wait all the day.

Judges 16:22 (NKJV)

However, the hair of his head began to grow again after it had been shaved.

MEMORY VERSE - LOCK IT IN

Judges 16:22 (NKJV) -- "However, the hair of his head began to grow again."

THE REAL TALK

The Samson Principle is the cornerstone of hope: after all human failures, God always gives the possibility of restoration. Samson failed in every way, but his hair began to grow again. God was not finished with him. And God is not finished with you. Your failures do not disqualify you. Your mistakes do not end your purpose. God redeems, restores, and repurposes broken instruments. Your strength is being restored. Your purpose is being repurposed. Trust the process. Trust the God who restores.

PRAYER

God, I believe You are not finished with me. Please restore my strength and repurpose my life. Amen.

SPEAK IT OVER YOUR LIFE

"God restores the fallen. He can use me again."

DAY

26

SATURDAY, SEPTEMBER 26, 2026

A Prayer for the Journey**TODAY'S WORD****Proverbs 26:20 (NKJV)***Where there is no wood, the fire goes out; and where there is no talebearer, strife ceases.***Psalm 26:1-2 (NKJV)***Vindicate me, O Lord, for I have walked in my integrity. I have also trusted in the Lord; I shall not slip. Examine me, O Lord, and prove me; try my mind and my heart.***Psalm 51:10-12 (NKJV)***Create in me a clean heart, O God, and renew a steadfast spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation, and uphold me by Your generous Spirit.***MEMORY VERSE - LOCK IT IN*****Psalm 51:10 (NKJV) -- "Create in me a clean heart, O God, and renew a steadfast spirit within me."*****THE REAL TALK**

Psalm 51 is the prayer of a broken man, David, after his failure. He prays, "Create in me a clean heart, O God, and renew a steadfast spirit within me. Restore to me the joy of Your salvation, and uphold me by Your generous Spirit." This is not a prayer of the perfect, it's a prayer of the repentant. It acknowledges that we cannot cleanse ourselves. We need God to do it. It acknowledges that we cannot restore ourselves, God must restore us. And it acknowledges that we need God's Spirit to uphold us. This is the prayer for the journey from healing to holiness. Pray it today.

PRAYER*God, I need You to create in me a clean heart. I need You to renew my spirit. Please restore my joy and uphold me by Your Spirit. Amen.***SPEAK IT OVER YOUR LIFE****"I pray for a clean heart, a renewed spirit, and restored joy."**

DAY

27

SUNDAY, SEPTEMBER 27, 2026

God's Compassion Never Fails**TODAY'S WORD****Proverbs 27:19 (NKJV)***As in water face reflects face, so a man's heart reveals the man.***Psalms 27:1 (NKJV)***The Lord is my light and my salvation; whom shall I fear? The Lord is the strength of my life; of whom shall I be afraid?***Lamentations 3:22-23 (NKJV)***Through the Lord's mercies we are not consumed, because His compassions fail not. They are new every morning; great is Your faithfulness.***MEMORY VERSE - LOCK IT IN*****Lamentations 3:22-23 (NKJV) -- "Through the Lord's mercies we are not consumed, because His compassions fail not. They are new every morning."*****THE REAL TALK**

One of the most comforting truths in Scripture is this: God's mercies are new every morning. Lamentations 3:22-23 says we are not consumed because His compassions fail not. Every day, God gives you a fresh start. The failures of yesterday don't define today. The shame of the past doesn't limit the future. God's compassion never runs out. Samson needed this truth, his failures were many. But God didn't consume him. God restored him. The same is true for you. No matter how many times you've failed, God's mercy is new today. Receive it.

PRAYER*God, thank You for new mercies every morning. I receive Your compassion and grace for today. Amen.***SPEAK IT OVER YOUR LIFE****"God's mercy is new every morning. His compassion never fails."**

DAY

28

MONDAY, SEPTEMBER 28, 2026

From Healing to Holiness, Your Journey**TODAY'S WORD****Proverbs 28:13 (NKJV)***He who covers his sins will not prosper, but whoever confesses and forsakes them will have mercy.***Psalms 28:6-7 (NKJV)***Blessed be the Lord, because He has heard the voice of my supplications! The Lord is my strength and my shield; my heart trusted in Him, and I am helped; therefore my heart greatly rejoices, and with my song I will praise Him.***1 Peter 1:15-16 (NKJV)***But as He who called you is holy, you also be holy in all your conduct, because it is written, 'Be holy, for I am holy.'***MEMORY VERSE - LOCK IT IN****1 Peter 1:15-16 (NKJV) -- "Be holy, for I am holy."****THE REAL TALK**

The journey from healing to holiness is not linear, it's messy. It begins with acknowledging your wounds, grieving your losses, forgiving those who hurt you, receiving God's love, and breaking the lies you've believed. Then you walk in holiness, making daily choices that honor God. Samson's journey was a mess. He failed repeatedly. But God restored him and used him mightily. Your journey will not be perfect. You will stumble. But God is faithful. He who began a good work in you will complete it. Take one step today.

PRAYER*God, I trust You with my messy journey. Please help me take one step at a time from healing to holiness. Amen.***SPEAK IT OVER YOUR LIFE****"I am on a journey from healing to holiness. God will complete what He started."**

DAY

29

TUESDAY, SEPTEMBER 29, 2026

The Hope of Restoration**TODAY'S WORD****Proverbs 29:25 (NKJV)***The fear of man brings a snare, but whoever trusts in the Lord shall be safe.***Psalms 29:10-11 (NKJV)***The Lord sat enthroned at the Flood, and the Lord sits as King forever. The Lord will give strength to His people; the Lord will bless His people with peace.***1 John 1:9 (NKJV)***If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.***MEMORY VERSE - LOCK IT IN****1 John 1:9 (NKJV) -- "He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness."****THE REAL TALK**

1 John 1:9 is the anchor of hope: "If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness." Samson confessed, "Remember me", and God restored him. He didn't earn it, he received it. That's grace. And that's the hope of restoration. You don't have to be perfect to be forgiven. You just have to confess. God is faithful. He will forgive. He will cleanse. He will restore.

PRAYER*God, I confess my sins to You. Please forgive me, cleanse me, and restore me. Amen.***SPEAK IT OVER YOUR LIFE****"God forgives me when I confess. He cleanses me and restores me."**

DAY

30

WEDNESDAY, SEPTEMBER 30, 2026

The Return of Samson, The Return of You (Final Day)

TODAY'S WORD

Proverbs 30:5 (NKJV)

Every word of God is pure; He is a shield to those who put their trust in Him.

Psalms 30:5 (NKJV)

For His anger is but for a moment, His favor is for life; weeping may endure for a night, but joy comes in the morning.

Judges 16:22 (NKJV)

However, the hair of his head began to grow again after it had been shaved.

MEMORY VERSE - LOCK IT IN

Judges 16:22 (NKJV) -- "However, the hair of his head began to grow again."

THE REAL TALK

The return of Samson is the return of you. He failed spectacularly. He lost everything, his strength, his eyes, his freedom, his purpose. But his hair began to grow again. God was not finished with him. And God is not finished with you. The journey from healing to holiness is a journey of return, returning to God, returning to your purpose, returning to hope. It's not about being perfect, it's about returning. Your hair is growing. Your strength is returning. God can use you again. Will you return?

PRAYER

God, I return to You. I trust You to restore my strength and repurpose my life. Please use me again. Amen.

SPEAK IT OVER YOUR LIFE

"God is not finished with me. I return to Him. He will use me again."

YOUR HAIR IS GROWING AGAIN.

You spent 30 days walking from wound to wholeness. Whatever was broken, God is not finished with you. Keep healing. Keep walking in holiness. Keep trusting Him for restoration.

FROM HEALING TO HOLINESS · TEEN EDITION · SEPTEMBER 2026

Written by Akinkunmi Emmanuel Akinlabi

So, What Now?

I pray this devotional has been a blessing to you. I've genuinely loved taking this 30-day journey with you. Let me encourage you to keep showing up for your daily quiet time with God. He is infinitely good, and I hope you've tasted that goodness as He met with you day after day.

If you haven't already, now is the time to share the gospel with someone God has put on your heart -- a friend, a classmate, a sibling. As you share Jesus with them, I'm praying God begins transforming their heart to turn to Him in repentance and faith. And if they come to know the Lord, rejoice with them! Tell them that heaven throws a party over every single person who turns to Jesus (see Luke 15:10).

If they aren't already part of a church, invite them to start attending one that teaches the Bible and will help them grow in their faith. Spend time with them. Help them understand why knowing God through His Word, prayer, and being around His people matters. And encourage them toward baptism -- it's their way of telling the world they now belong to Christ.

Now is also the time to find someone else who doesn't know Jesus yet, and start praying for them, investing in them, and sharing the gospel with them too. Keep pouring into the friend you just led to Christ, and help them find their own person to disciple. You never stop doing this until Jesus calls you home or the whole world hears about Him.

I'd love to hear from you. Tell me how this devotional impacted your life. And if someone surrendered their life to Jesus because you were faithful to share with them, I want to celebrate that with you.

LET'S STAY CONNECTED

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In Christ,

Akinkunmi Emmanuel Akinlabi

Global Senior Pastor, Avalanche of Grace Assembly



FROM HEALING TO HOLINESS

THE SAMSON JOURNEY — 30 DAYS OF RESTORATION



30
DAYS



5
STAGES OF
RESTORATION



AGES
15-17

This September, we are going to follow the story of Samson — a man who was chosen by God before he was born, who had great strength and a great calling, but who made some terrible choices. Samson's life was full of pain, bad decisions, and brokenness. But here is the good news: God was not finished with him.

The Bible says that even after Samson lost everything — his strength, his eyes, his freedom, his purpose — his hair began to grow again. That's a picture of God's grace. God never gives up on you. He can heal your wounds, forgive your mistakes, and restore your purpose.

This month, we will learn:

- How to acknowledge our wounds
- How to grieve our losses
- How to forgive those who hurt us
- How to receive God's love
- How to break free from lies
- How to walk in holiness and purity
- How to trust God for restoration



No matter what you have been through, no matter how broken you feel, God is not finished with you. Your hair is beginning to grow again.

HOW TO USE THIS



01
READ

Three Scriptures a day. Read them slowly — out loud if you can.



02
SIT WITH IT

Every lesson speaks to real life. Let it speak to what's actually going on with you.



03
PRAY IT

Each day has a short prayer. Make it yours.



04
DECLARE IT

End with the Word Affirmation. Speak it over your life.



A NOTE BEFORE YOU START

This month deals honestly with pain, brokenness, and things that were never your fault. If something you read stirs up something heavy, don't carry it alone — talk to a parent, pastor, counselor, or another trusted adult in your life. God heals, and He often does it through people who love you.

THE ROADMAP

30 Days at a Glance



STAGE 1 — THE WOUND

Day 01	God Sees the Cry of This Generation	Sep 1
Day 02	The Domino Effect of Brokenness	Sep 2
Day 03	The Pain That Drives Us	Sep 3
Day 04	The Fractured Self	Sep 4
Day 05	The Pain of Rejection	Sep 5
Day 06	The Pain of Betrayal	Sep 6
Day 07	Samson's Pain Points	Sep 7



STAGE 2 — THE TURNING POINT

Day 08	The Hope That Begins Healing	Sep 8
Day 09	Repentance, The Turning Point	Sep 9
Day 10	The Marks of Genuine Repentance	Sep 10



STAGE 3 — THE HEALING PROCESS

Day 11	Acknowledge the Wound	Sep 11
Day 12	Grieve the Loss	Sep 12
Day 13	Forgive the Offender	Sep 13
Day 14	Receive God's Love	Sep 14
Day 15	Break Ungodly Agreements	Sep 15
Day 16	The Path to Wholeness	Sep 16



STAGE 4 — HOLINESS & RESTORED STRENGTH

Day 17	Holiness Is Consecration, Not Perfection	Sep 17
Day 18	The Connection Between Healing and Holiness	Sep 18
Day 19	Strength Restored, Purpose Repurposed	Sep 19
Day 20	God Uses Broken Instruments	Sep 20
Day 21	The Rhythm of Restoration	Sep 21
Day 22	Walking in Holiness Daily	Sep 22



STAGE 5 — THE RETURN

Day 23	The Return of Samson, The Return of You	Sep 23
Day 24	The Call to This Generation	Sep 24
Day 25	The Samson Principle	Sep 25
Day 26	A Prayer for the Journey	Sep 26
Day 27	God's Compassion Never Fails	Sep 27
Day 28	From Healing to Holiness, Your Journey	Sep 28
Day 29	The Hope of Restoration	Sep 29
Day 30	The Return of Samson, The Return of You (Final Day)	Sep 30



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