



FOLLOWING JESUS EVERY DAY

FROM HEALING TO HOLINESS



SEPTEMBER DEVOTIONAL



THE SAMSON
JOURNEY

30 DAYS OF
RESTORATION



30 DAYS



5 STAGES
OF RESTORATION

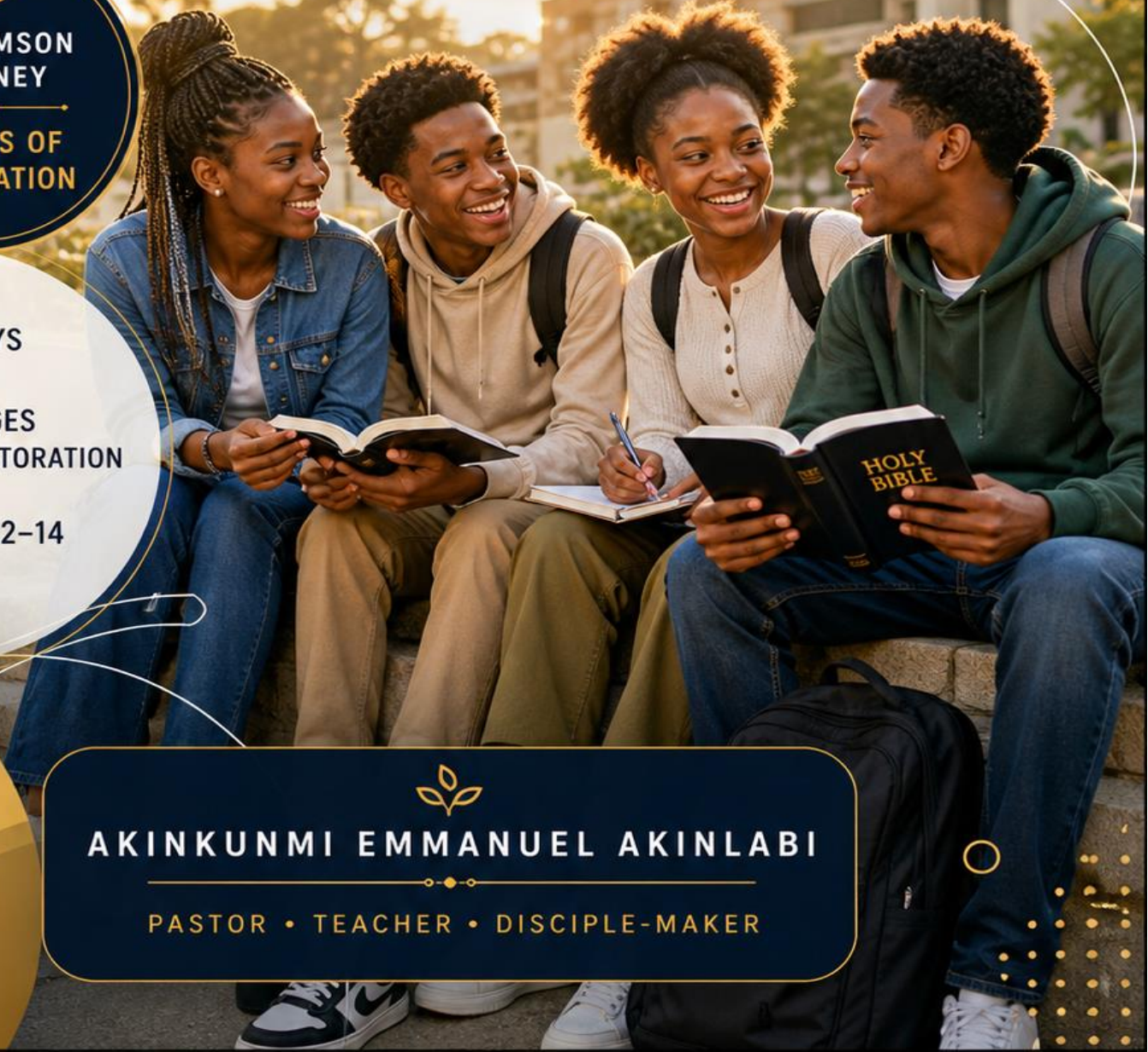


AGES 12-14



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FROM HEALING TO HOLINESS

THE SAMSON JOURNEY - 30 DAYS OF RESTORATION

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Ages 12-14

Scripture: NKJV, unless otherwise noted

WRITTEN BY

AKINKUNMI EMMANUEL AKINLABI

THIS MONTH'S JOURNEY

Your Hair Is Growing Again

This September, we are going to follow the story of Samson -- a man who was chosen by God before he was born, who had great strength and a great calling, but who made some terrible choices. Samson's life was full of pain, bad decisions, and brokenness. But here is the good news: God was not finished with him.

The Bible says that even after Samson lost everything -- his strength, his eyes, his freedom, his purpose -- his hair began to grow again. That's a picture of God's grace. God never gives up on you. He can heal your wounds, forgive your mistakes, and restore your purpose.

This month, we will learn:

- How to acknowledge our wounds
- How to grieve our losses
- How to forgive those who hurt us
- How to receive God's love
- How to break free from lies
- How to walk in holiness and purity
- How to trust God for restoration

No matter what you have been through, no matter how broken you feel, God is not finished with you. Your hair is beginning to grow again.

HOW TO USE THIS

One page a day. Read it slow. Let it land.**01****READ**

Three Scriptures a day. Read them slowly -- out loud if you can.

02**SIT WITH IT**

Every lesson speaks to real life. Let it speak to what's actually going on with you.

03**PRAY IT**

Each day has a short prayer. Make it yours.

04**DECLARE IT**

End with the Word Affirmation. Speak it over your life.

A NOTE BEFORE YOU START

This month deals honestly with pain, brokenness, and things that were never your fault. If something you read stirs up something heavy, don't carry it alone -- talk to a parent, pastor, counselor, or another trusted adult in your life. God heals, and He often does it through people who love you.

THE ROADMAP

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STAGE 2 - THE TURNING POINT

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Day 24	The Call to This Generation	Sep 24
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Day 30	The Return of Samson, The Return of You (Final Day)	Sep 30

STAGE 1

THE WOUND

DAYS 1-7

Before healing can begin, the wound has to be named. This stretch is honest about pain -- rejection, betrayal, brokenness -- the things Samson felt, and the things you may feel too.

DAY

01

TUESDAY, SEPTEMBER 1, 2026

God Sees the Cry of This Generation**TODAY'S WORD****Proverbs 1:7 (NKJV)***The fear of the Lord is the beginning of knowledge, but fools despise wisdom and instruction.***Psalms 1:1-3 (ERV)***Great blessings belong to those who don't listen to evil advice, who don't live like sinners, and who don't join those who make fun of God. Instead, they love the Lord's teachings and think about them day and night. They are like trees planted near a stream. Their roots are strong, and their leaves are always green. They produce fruit in season, and everything they do succeeds.***Psalms 34:18 (NKJV)***The Lord is near to those who have a broken heart, and saves such as have a contrite spirit.***MEMORY VERSE - LOCK IT IN*****Psalms 34:18 (NKJV) -- "The Lord is near to those who have a broken heart."*****THE REAL TALK**

There are a lot of hurting kids in the world today, kids who feel hopeless, kids who feel alone, kids who have been hurt by people who were supposed to love them. Maybe that's you. Maybe you've been carrying pain for a long time. Here's the truth: God sees all of it. He is not far away. The Bible says He is "near to the brokenhearted." That means when you're hurting, He doesn't look away. He comes closer. He wants to heal your heart, not shame you for being hurt. You don't have to hide your pain from Him. You don't have to pretend you're fine. Just bring your broken heart to God. He won't reject you. He will hold you.

PRAYER*God, my heart hurts sometimes. Thank You for coming close to me when I'm broken. Please heal me. Amen.***SPEAK IT OVER YOUR LIFE****"God is near to me when I am brokenhearted. I don't have to hide my pain from Him."**

DAY

02

WEDNESDAY, SEPTEMBER 2, 2026

The Domino Effect of Brokenness**TODAY'S WORD****Proverbs 2:6-7 (NKJV)**

For the Lord gives wisdom; from His mouth come knowledge and understanding; He stores up sound wisdom for the upright; He is a shield to those who walk uprightly.

Psalms 2:11-12 (ERV)

Serve the Lord with fear and trembling. Be glad and celebrate, but bow down to him with fear. Show that you obey his son, or he will be angry and destroy you. But everyone who goes to the son for safety is blessed.

Hebrews 12:15 (NKJV)

Looking carefully lest anyone fall short of the grace of God; lest any root of bitterness springing up cause trouble, and by this many become defiled.

MEMORY VERSE - LOCK IT IN

Hebrews 12:15 (NKJV) -- "Lest any root of bitterness springing up cause trouble, and by this many become defiled."

THE REAL TALK

The Bible warns us about a "root of bitterness." Bitterness is what happens when you hold onto anger and hurt instead of dealing with it. It starts small, maybe someone said something mean, or someone let you down, or someone hurt you badly. If you don't deal with that hurt, it grows into bitterness. And bitterness spreads like a weed, it affects your relationships, your joy, and even your health. Samson was a bitter man. He was rejected by his parents, betrayed by his wife, and used by the Philistines. Instead of dealing with his pain, he let it turn into anger and revenge. And it destroyed him. Bitterness doesn't hurt the person you're angry at, it hurts you. God wants to help you deal with your hurt so you don't become bitter.

PRAYER

God, show me if there is any bitterness in my heart. Help me let go of the hurt so it doesn't grow into something worse. Amen.

SPEAK IT OVER YOUR LIFE

"I release my anger and hurt to God. I will not let bitterness grow in my heart."

DAY

03

THURSDAY, SEPTEMBER 3, 2026

The Pain That Drives Us**TODAY'S WORD****Proverbs 3:5-6 (NKJV)**

Trust in the Lord with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, and He shall direct your paths.

Psalm 3:3-4 (NKJV)

But You, O Lord, are a shield for me, my glory and the One who lifts up my head. I cried to the Lord with my voice, and He heard me from His holy hill. Selah

Judges 14:1-3 (NKJV)

Now Samson went down to Timnah, and saw a woman in Timnah of the daughters of the Philistines. So he went up and told his father and mother, saying, 'I have seen a woman in Timnah of the daughters of the Philistines; now therefore, get her for me as a wife.' Then his father and mother said to him, 'Is there no woman among the daughters of your brethren, or among all my people, that you must go to get a wife from the uncircumcised Philistines?' And Samson said to his father, 'Get her for me, for she pleases me well.'

MEMORY VERSE - LOCK IT IN

Proverbs 3:5-6 (NKJV) -- "Trust in the Lord with all your heart, and lean not on your own understanding."

THE REAL TALK

Samson went down to Timnah. That word "down" is important, because Samson was always going down. He went down to Timnah to find a wife. He went down to Gaza to find a prostitute. He kept going down because he was looking for something to fill the emptiness inside him. What was that emptiness? Samson grew up in a chaotic home. His parents' marriage was strained. He was an only child. He felt alone. And instead of dealing with that pain, he tried to fill it with relationships in the wrong places. That's what unhealed pain does, it drives you to look for comfort in things that won't satisfy. Maybe you've felt that way too. Maybe you've looked for attention, approval, or love in places that left you emptier than before. God wants to fill that emptiness with Himself, not with things that will hurt you.

PRAYER

God, I know I've been looking for comfort in the wrong places. Please fill the emptiness in my heart with Your love. Amen.

SPEAK IT OVER YOUR LIFE

"God fills the emptiness in my heart. I don't need to look for love in the wrong places."

DAY

04

FRIDAY, SEPTEMBER 4, 2026

The Fractured Self**TODAY'S WORD****Proverbs 4:23 (NKJV)***Keep your heart with all diligence, for out of it spring the issues of life.***Psalms 4:7-8 (NKJV)***You have put gladness in my heart, more than in the season that their grain and wine increased. I will both lie down in peace, and sleep; for You alone, O Lord, make me dwell in safety.***James 1:8 (NKJV)***He is a double-minded man, unstable in all his ways.***MEMORY VERSE - LOCK IT IN*****James 1:8 (NKJV) -- "He is a double-minded man, unstable in all his ways."*****THE REAL TALK**

James 1:8 describes a person who is "double-minded", the Greek word is dipsychos, meaning "two souls" or "two minds." It's like being torn in two. Part of you wants to follow God, but part of you wants to follow your own desires. Samson was the picture of a double-minded person. He was called to be holy, but he lived in compromise. He was empowered by the Spirit, yet enslaved by his passions. He was a deliverer of Israel, yet he couldn't deliver himself. Why? Because his soul was fractured. Trauma does that, it divides the self. When you experience deep hurt, you learn to compartmentalize, keeping the "good" parts separate from the "bad" parts, the "acceptable" parts from the "shameful" parts. But God wants to heal that division. He wants to make you whole. Not perfect, but whole. One person, not two.

PRAYER*God, I feel divided sometimes. Please heal the fractures in my soul and make me whole. Amen.***SPEAK IT OVER YOUR LIFE****"God is healing my divided heart. I am becoming one person in Him."**

DAY

05

SATURDAY, SEPTEMBER 5, 2026

The Pain of Rejection**TODAY'S WORD****Proverbs 5:21 (NKJV)***For the ways of man are before the eyes of the Lord, and He ponders all his paths.***Psalms 5:11-12 (NKJV)***But let all those rejoice who put their trust in You; let them ever shout for joy, because You defend them; let those also who love Your name be joyful in You. For You, O Lord, will bless the righteous; with favor You will surround him as with a shield.***Judges 13:2-5 (NKJV)***Now there was a certain man from Zorah, of the family of the Danites, whose name was Manoah; his wife was barren and had no children. And the Angel of the Lord appeared to the woman and said to her, 'Indeed now, you are barren and have borne no children, but you shall conceive and bear a son. Now therefore, please be careful not to drink wine or similar drink, and not to eat anything unclean. For behold, you shall conceive and bear a son. And no razor shall come upon his head, for the child shall be a Nazirite to God from the womb; and he shall begin to deliver Israel out of the hand of the Philistines.'***MEMORY VERSE - LOCK IT IN*****Psalms 5:11-12 (NKJV) -- "Let all those rejoice who put their trust in You; with favor You will surround him as with a shield."*****THE REAL TALK**

Samson was born into a family with pain. His mother was barren, a source of shame in ancient Israel. She had probably prayed for years, watched other women have children, and felt the sting of rejection. When Samson was born, he was a miracle child, but he was also the child of a strained marriage. He grew up feeling the weight of his parents' pain. Rejection doesn't always mean someone says "I reject you." Sometimes it means you grow up feeling unseen, unheard, or unwanted. That kind of rejection leaves deep wounds. It can make you feel like you have to perform to be loved, or like you have to earn approval. But here's the truth: God doesn't reject you. He chose you. He set you apart. You are not an accident. You are wanted.

PRAYER*God, I bring the pain of rejection to You. Please heal me and help me know that I am wanted by You. Amen.***SPEAK IT OVER YOUR LIFE****"God chose me. I am not rejected, I am accepted in Him."**

DAY

06

SUNDAY, SEPTEMBER 6, 2026

The Pain of Betrayal**TODAY'S WORD****Proverbs 6:20-22 (NKJV)**

My son, keep your father's command, and do not forsake the law of your mother. Bind them continually upon your heart; tie them around your neck. When you roam, they will lead you; when you sleep, they will keep you; and when you awake, they will speak with you.

Psalms 6:8-9 (NKJV)

Depart from me, all you workers of iniquity; for the Lord has heard the voice of my weeping. The Lord has heard my supplication; the Lord will receive my prayer.

Judges 14:20 (NKJV)

But Samson's wife was given to his companion, who had been his best man.

MEMORY VERSE - LOCK IT IN

Psalms 6:8-9 (NKJV) -- "The Lord has heard the voice of my weeping; the Lord will receive my prayer."

THE REAL TALK

Samson's betrayal started almost immediately. The woman he chose to marry, against his parents' advice, was given to another man during his own wedding feast. This was a deep and public humiliation. The person he trusted most betrayed him. And Samson's response was anger and revenge, because he didn't know how to deal with the pain of betrayal. Betrayal is a unique kind of wound. It doesn't just hurt, it makes you question everything. You start wondering: "Can I trust anyone? Was I stupid to trust them? Is everyone going to leave me?" These are real questions. But God is not like people. People betray. God never does. He is faithful even when everyone else walks away. You can bring your betrayal to Him and trust Him to heal you.

PRAYER

God, I've been betrayed by people I trusted. Please heal that wound and help me trust You. Amen.

SPEAK IT OVER YOUR LIFE

"God is faithful even when people betray me. I can trust Him."

DAY

07

MONDAY, SEPTEMBER 7, 2026

Samson's Pain Points**TODAY'S WORD****Proverbs 7:1-3 (NKJV)**

My son, keep my words, and treasure my commands within you. Keep my commands and live, and my law as the apple of your eye. Bind them on your fingers; write them on the tablet of your heart.

Psalms 7:17 (NKJV)

I will praise the Lord according to His righteousness, and will sing praise to the name of the Lord Most High.

Judges 16:18-20 (NKJV)

When Delilah saw that he had told her all his heart, she sent and called for the lords of the Philistines, saying, 'Come up once more, for he has told me all his heart.' So the lords of the Philistines came up to her and brought the money in their hand. Then she lulled him to sleep on her knees, and called for a man and had him shave off the seven locks of his head. Then she began to torment him, and his strength left him. And she said, 'The Philistines are upon you, Samson!' So he awoke from his sleep, and said, 'I will go out as before, at other times, and shake myself free!' But he did not know that the Lord had departed from him.

MEMORY VERSE - LOCK IT IN

Psalms 7:17 (NKJV) -- "I will praise the Lord according to His righteousness."

THE REAL TALK

Samson's pain points were many. He grew up as an only child of a barren mother in a chaotic time. He was rejected by his parents, his first recorded interaction with them is him ignoring their advice. He was betrayed by his wife. He was betrayed by Delilah. His own people rejected him. And he was utterly alone. All this pain drove him to destructive choices. He sought love in all the wrong places. He sought revenge instead of healing. He broke his Nazirite vows. The pain in your life doesn't excuse your sin, but it does explain why you might be struggling. The first step to healing is admitting you're hurting. What pain points are in your life? Rejection? Betrayal? Loneliness? Bring them to God. He wants to heal them.

PRAYER

God, I name my pain before You. Please heal the places where I've been rejected, betrayed, and alone. Amen.

SPEAK IT OVER YOUR LIFE

"God sees my pain and He wants to heal it."

STAGE 2

THE TURNING POINT

DAYS 8–10

Hope isn't denial -- it's the first step back. This short stretch is about the moment pain turns toward repentance and a real turning point with God.

DAY

08

TUESDAY, SEPTEMBER 8, 2026

The Hope That Begins Healing**TODAY'S WORD****Proverbs 8:17 (NKJV)***I love those who love me, and those who seek me diligently will find me.***Psalms 8:3-4 (NKJV)***When I consider Your heavens, the work of Your fingers, the moon and the stars, which You have ordained, what is man that You are mindful of him, and the son of man that You visit him?***Judges 16:22 (NKJV)***However, the hair of his head began to grow again after it had been shaved.***MEMORY VERSE - LOCK IT IN*****Judges 16:22 (NKJV) -- "The hair of his head began to grow again after it had been shaved."*****THE REAL TALK**

Judges 16:22 is one of the most hope-filled verses in the Bible. Samson is blind, bound, and grinding grain in a Philistine prison. He is a shell of the man he used to be. Everything that made him special is gone. And then the text says: "However, the hair of his head began to grow again." That "however" changes everything. It means God was still working. It means grace was still active. Even before Samson prayed his final prayer, God was preparing restoration. The hair growing back was gradual, hidden, and significant. It wasn't instant, it was a process. But it was happening. That's the hope you have. Even when you can't see it, God is at work. Even when you feel like you've lost everything, grace is quietly restoring you. Your "hair" is beginning to grow again.

PRAYER*God, thank You that You are still working in my life, even when I can't see it. Please help me trust the process. Amen.***SPEAK IT OVER YOUR LIFE****"Grace is already working in my life. My restoration has begun."**

DAY

09

WEDNESDAY, SEPTEMBER 9, 2026

Repentance, The Turning Point**TODAY'S WORD****Proverbs 9:10 (NKJV)***The fear of the Lord is the beginning of wisdom, and the knowledge of the Holy One is understanding.***Psalms 9:9-10 (NKJV)***The Lord also will be a refuge for the oppressed, a refuge in times of trouble. And those who know Your name will put their trust in You; for You, Lord, have not forsaken those who seek You.***Judges 16:28 (NKJV)***Then Samson called to the Lord, saying, 'O Lord GOD, please remember me and strengthen me, just once more, O God, so that I may with one blow take vengeance on the Philistines for my two eyes.'***MEMORY VERSE - LOCK IT IN*****Judges 16:28 (NKJV) -- "O Lord GOD, please remember me and strengthen me, just once more."*****THE REAL TALK**

Samson's prayer in Judges 16:28 is his only recorded prayer. It's not eloquent. It's not long. It's a desperate cry: "O Lord GOD, please remember me and strengthen me, just once more." This is repentance. Samson had been living for himself, chasing his own desires, breaking his vows. But in that prison, something changed. His eyes were gone, the very things that had led him astray. He couldn't see the things that used to tempt him. His heart turned back to God. True repentance is not just being sorry for getting caught, it's turning from sin and turning to God. It's letting go of the things that led you astray. It's asking God to use you again. If you've been living for yourself, today is the day to turn back. God will hear you.

PRAYER*God, I turn from my sins and turn to You. Please remember me and strengthen me. Use me again. Amen.***SPEAK IT OVER YOUR LIFE****"True repentance is turning from sin and turning to God."**

DAY

10

THURSDAY, SEPTEMBER 10, 2026

The Marks of Genuine Repentance**TODAY'S WORD****Proverbs 10:19 (NKJV)***In the multitude of words sin is not lacking, but he who restrains his lips is wise.***Psalms 10:17-18 (NKJV)***Lord, You have heard the desire of the humble; You will prepare their heart; You will cause Your ear to hear, to do justice to the fatherless and the oppressed, that the man of the earth may oppress no more.***Luke 3:8-9 (NKJV)***Therefore bear fruits worthy of repentance, and do not begin to say to yourselves, 'We have Abraham as our father.' For I say to you that God is able to raise up children to Abraham from these stones. And even now the ax is laid to the root of the trees. Therefore every tree which does not bear good fruit is cut down and thrown into the fire.***MEMORY VERSE - LOCK IT IN*****Luke 3:8 (NKJV) -- "Bear fruits worthy of repentance."*****THE REAL TALK**

John the Baptist was clear: "Bear fruits worthy of repentance." In other words, don't just talk about being sorry, show it. Repentance that doesn't produce change is not real repentance. Samson showed genuine repentance in several ways. First, he recognized his sin, he prayed, "Remember me." Second, he released the things that led him astray, his eyes were gone, the source of his lust removed. Third, he returned to God, he asked to be used for God's purposes, not his own. Fourth, he was restored, God answered his prayer and used him mightily. What "fruit" is your repentance producing? Are you changing? Are you letting go of what led you astray? Are you returning to God's purposes? Let your actions show your repentance.

PRAYER*God, I want my repentance to be real. Please help me show it by how I live. Amen.***SPEAK IT OVER YOUR LIFE****"My repentance is real when my actions show I have changed."**

STAGE 3

THE HEALING PROCESS

DAYS 11–16

Healing has steps: acknowledge the wound, grieve the loss, forgive the offender, receive God's love, break the ungodly agreements. This is the road to wholeness.

DAY

11

FRIDAY, SEPTEMBER 11, 2026

Acknowledge the Wound**TODAY'S WORD****Proverbs 11:24-25 (NKJV)**

There is one who scatters, yet increases more; and there is one who withholds more than is right, but it leads to poverty. The generous soul will be made rich, and he who waters will also be watered himself.

Psalms 11:4-5 (NKJV)

The Lord is in His holy temple, the Lord's throne is in heaven; His eyes behold, His eyelids test the sons of men. The Lord tests the righteous, but the wicked and the one who loves violence His soul hates.

Psalms 34:18 (NKJV)

The Lord is near to those who have a broken heart, and saves such as have a contrite spirit.

MEMORY VERSE - LOCK IT IN

Psalms 34:18 (NKJV) -- "The Lord is near to those who have a broken heart."

THE REAL TALK

Healing cannot begin until you acknowledge the wound. Samson spent most of his life pretending he was fine, until he wasn't. He never dealt with his pain from rejection, betrayal, and isolation, and it destroyed him. The first step in your healing journey is to be honest. Not just with God, with yourself. Write down the wounds you've been carrying: rejections, betrayals, losses, abuses. Don't minimize them. Don't compare them to someone else's pain. Pain is pain. And God cares about all of it. He is near to the brokenhearted. But He won't force healing on you. You have to bring your wounds to Him. Today, take a step of honesty. Write down your wounds and bring them to God.

PRAYER

God, I bring my wounds to You. I stop pretending I'm fine. Please heal me. Amen.

SPEAK IT OVER YOUR LIFE

"I acknowledge my wounds so God can heal them."

DAY

12

SATURDAY, SEPTEMBER 12, 2026

Grieve the Loss**TODAY'S WORD****Proverbs 12:25 (NKJV)***Anxiety in the heart of man causes depression, but a good word makes it glad.***Psalms 12:5-6 (NKJV)***For the oppression of the poor, for the sighing of the needy, now I will arise," says the Lord; "I will set him in the safety for which he yearns." The words of the Lord are pure words, like silver tried in a furnace of earth, purified seven times.***Lamentations 3:19-23 (NKJV)***Remember my affliction and roaming, the wormwood and the gall. My soul still remembers and sinks within me. This I recall to my mind, therefore I have hope. Through the Lord's mercies we are not consumed, because His compassions fail not. They are new every morning; great is Your faithfulness.***MEMORY VERSE - LOCK IT IN*****Lamentations 3:22-23 (NKJV) -- "Through the Lord's mercies we are not consumed, because His compassions fail not. They are new every morning."*****THE REAL TALK**

Healing requires grief. You can't just skip over the pain. Samson's story doesn't record any tears, just anger and revenge. He never grieved his losses: the rejection of his parents, the betrayal of his wives, the loss of his purpose. And that's why he stayed broken. Lamentations 3 is a chapter of grief, honest, raw, painful grief. The writer says, "My soul still remembers and sinks within me." And then he says, "But this I recall to mind, therefore I have hope." Grief is not the end, it's the path to hope. You have to feel the sadness before you can find the hope. What losses do you need to grieve? A lost relationship? A lost dream? A lost sense of safety? Bring your grief to God. He will meet you there.

PRAYER*God, I'm carrying losses I've never grieved. Please help me bring my sadness to You and find hope. Amen.***SPEAK IT OVER YOUR LIFE****"Grief is the path to hope. I bring my losses to God."**

DAY

13

SUNDAY, SEPTEMBER 13, 2026

Forgive the Offender**TODAY'S WORD****Proverbs 13:12 (NKJV)***Hope deferred makes the heart sick, but when the desire comes, it is a tree of life.***Psalms 13:5-6 (NKJV)***But I have trusted in Your mercy; my heart shall rejoice in Your salvation. I will sing to the Lord, because He has dealt bountifully with me.***Ephesians 4:31-32 (NKJV)***Let all bitterness, wrath, anger, clamor, and evil speaking be put away from you, with all malice. And be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you.***MEMORY VERSE - LOCK IT IN*****Ephesians 4:32 (NKJV) -- "Be kind to one another, tenderhearted, forgiving one another, even as God in Christ forgave you."*****THE REAL TALK**

Bitterness grows by the unwillingness to forgive. Samson never truly forgave, and it destroyed him. He held onto his anger against the Philistines, against his wife, against Delilah, against his own people. And that bitterness poisoned his life. Ephesians 4:31-32 tells us to put away bitterness, wrath, and anger, and instead be kind, tenderhearted, and forgiving. Forgiveness is not saying what the person did was okay. It's releasing them from the debt you feel they owe you. It's giving your pain to God. You can forgive someone and still have boundaries. You can forgive and still tell a safe adult if you're unsafe. Forgiveness is for your freedom, not for their excuse. Who do you need to forgive today?

PRAYER*God, I choose to forgive the people who have hurt me. I release them from the debt I feel they owe me. Please heal my heart. Amen.***SPEAK IT OVER YOUR LIFE****"I forgive others because God forgave me. Forgiveness sets me free."**

DAY

14

MONDAY, SEPTEMBER 14, 2026

Receive God's Love**TODAY'S WORD****Proverbs 14:29 (NKJV)***He who is slow to wrath has great understanding, but he who is impulsive exalts folly.***Psalms 14:1-2 (NKJV)***The fool has said in his heart, 'There is no God.' They are corrupt, they have done abominable works, there is none who does good. The Lord looks down from heaven upon the children of men, to see if there are any who understand, who seek God.***Romans 8:38-39 (NKJV)***For I am persuaded that neither death nor life, nor angels nor principalities nor powers, nor things present nor things to come, nor height nor depth, nor any other created thing, shall be able to separate us from the love of God which is in Christ Jesus our Lord.***MEMORY VERSE - LOCK IT IN*****Romans 8:38-39 (NKJV) -- "Nothing shall be able to separate us from the love of God."*****THE REAL TALK**

Samson spent his whole life trying to earn love. He sought it in Philistine women, in revenge, in his strength. But he never truly received God's love. Romans 8:38-39 tells us that nothing can separate us from God's love, not death, not life, not angels, not demons, not the present, not the future, not any power, not anything in all creation. That's an exhaustive list. Nothing. You cannot earn this love, you can only receive it. The opposite of rejection is acceptance. The opposite of abandonment is belonging. You belong to God. You are loved. Not because you are perfect, because He is faithful. Today, stop striving. Rest in His love.

PRAYER*God, I stop trying to earn Your love. I receive it as a gift. Thank You that nothing can separate me from You. Amen.***SPEAK IT OVER YOUR LIFE****"I receive God's love. Nothing can separate me from it."**

DAY

15

TUESDAY, SEPTEMBER 15, 2026

Break Ungodly Agreements**TODAY'S WORD****Proverbs 15:1 (NKJV)***A soft answer turns away wrath, but a harsh word stirs up anger.***Psalms 15:1-2 (NKJV)***Lord, who may abide in Your tabernacle? Who may dwell in Your holy hill? He who walks uprightly, and works righteousness, and speaks the truth in his heart.***John 8:31-32 (NKJV)***Then Jesus said to those Jews who believed Him, 'If you abide in My word, you are My disciples indeed. And you shall know the truth, and the truth shall make you free.'***MEMORY VERSE - LOCK IT IN*****John 8:32 (NKJV) -- "You shall know the truth, and the truth shall make you free."*****THE REAL TALK**

Through trauma and pain, we make agreements with lies. We believe things like: "I am worthless. No one will ever love me. I have to perform to be accepted. God is angry with me." These lies become roots of bitterness and shame. Samson made an ungodly agreement: he believed his strength was in his hair, not in his consecration to God. So when his hair was cut, he thought his strength was gone, but that was a lie. His strength came from God. Jesus said, "You shall know the truth, and the truth shall make you free." The truth sets you free from the lies that bind you. What lies have you been believing? Write them down. Then write the truth that contradicts them. Declare the truth aloud.

PRAYER*God, I break every lie I've believed. I receive Your truth about who I am. Amen.***SPEAK IT OVER YOUR LIFE****"I break ungodly agreements and receive God's truth."**

DAY

16

WEDNESDAY, SEPTEMBER 16, 2026

The Path to Wholeness**TODAY'S WORD****Proverbs 16:24 (NKJV)***Pleasant words are like a honeycomb, sweetness to the soul and health to the bones.***Psalms 16:5-6 (NKJV)***O Lord, You are the portion of my inheritance and my cup; You maintain my lot. The lines have fallen to me in pleasant places; yes, I have a good inheritance.***James 5:16 (NKJV)***Confess your trespasses to one another, and pray for one another, that you may be healed. The effective, fervent prayer of a righteous man avails much.***MEMORY VERSE - LOCK IT IN*****James 5:16 (NKJV) -- "Confess your trespasses to one another, and pray for one another, that you may be healed."*****THE REAL TALK**

Wholeness doesn't happen alone. God created us for community. Samson was isolated, no one spoke into his life, no one held him accountable, no one prayed for him. And he fell. James 5:16 tells us to confess our sins to one another and pray for each other, that we may be healed. Healing happens in the context of safe relationships. You need people who know your struggles and love you anyway. You need people who will speak truth to you when you're compromising. You need people who will pray for you. Who are those people in your life? If you don't have them, pray and ask God to bring them.

PRAYER*God, please bring safe people into my life who will pray for me and help me stay on track. Amen.***SPEAK IT OVER YOUR LIFE****"I need community for healing. I will find safe people to walk with me."**

STAGE 4

HOLINESS & RESTORED STRENGTH

DAYS 17–22

Holiness was never about being perfect -- it's about being set apart. This stretch connects your healing to a daily walk with God, and shows how He uses broken people to do great things.

DAY

17

THURSDAY, SEPTEMBER 17, 2026

Holiness Is Consecration, Not Perfection**TODAY'S WORD****Proverbs 17:22 (NKJV)***A merry heart does good, like medicine, but a broken spirit dries the bones.***Psalms 17:6-7 (NKJV)***I have called upon You, for You will hear me, O God; incline Your ear to me, and hear my speech. Show Your marvelous lovingkindness by Your right hand, O You who save those who trust in You from those who rise up against them.***Romans 12:1-2 (NKJV)***I beseech you therefore, brethren, by the mercies of God, that you present your bodies a living sacrifice, holy, acceptable to God, which is your reasonable service. And do not be conformed to this world, but be transformed by the renewing of your mind, that you may prove what is that good and acceptable and perfect will of God.***MEMORY VERSE - LOCK IT IN*****Romans 12:1 (NKJV) -- "Present your bodies a living sacrifice, holy, acceptable to God."*****THE REAL TALK**

Holiness is not about being perfect, it's about being consecrated. Set apart. Samson was set apart from the womb, but he never fully embraced his consecration. He lived for himself, not for God. Romans 12:1 tells us to present our bodies as living sacrifices, holy, acceptable to God. That's not about sinless perfection; it's about direction. It's about saying, "God, I belong to You." The Nazirite vow involved separation from wine, no contact with death, and the visible sign of uncut hair. These were signs of consecration. What are the signs that you are set apart for God? Are you living like you belong to Him?

PRAYER*God, I present myself to You as a living sacrifice. Help me live like I belong to You. Amen.***SPEAK IT OVER YOUR LIFE****"I am consecrated to God. I live like I belong to Him."**

DAY

18

FRIDAY, SEPTEMBER 18, 2026

The Connection Between Healing and Holiness

TODAY'S WORD

Proverbs 18:10 (NKJV)

The name of the Lord is a strong tower; the righteous run to it and are safe.

Psalms 18:1-2 (NKJV)

I will love You, O Lord, my strength. The Lord is my rock and my fortress and my deliverer; my God, my strength, in whom I will trust; my shield and the horn of my salvation, my stronghold.

1 Peter 1:15-16 (NKJV)

But as He who called you is holy, you also be holy in all your conduct, because it is written, 'Be holy, for I am holy.'

MEMORY VERSE - LOCK IT IN

1 Peter 1:15-16 (NKJV) -- "As He who called you is holy, you also be holy in all your conduct."

THE REAL TALK

There is a direct connection between healing and holiness. Unhealed wounds drive us to sin, we seek comfort in wrong places, we act out in anger, we escape through addiction. But when we are healed, we are free to live holy. Samson never dealt with his pain, and it kept him from living holy. He was set apart for God, but his unhealed wounds drove him to compromise. 1 Peter 1:15-16 calls us to be holy because God is holy. That doesn't mean we ignore our pain, it means we bring our pain to God so He can heal us and make us holy.

PRAYER

God, please heal my wounds so I can live holy. I want to be like You. Amen.

SPEAK IT OVER YOUR LIFE

"Healing leads to holiness. God heals me so I can live like Him."

DAY

19

SATURDAY, SEPTEMBER 19, 2026

Strength Restored, Purpose Repurposed**TODAY'S WORD****Proverbs 19:20-21 (NKJV)**

Listen to counsel and receive instruction, that you may be wise in your latter days. There are many plans in a man's heart, nevertheless the Lord's counsel, that will stand.

Psalms 19:7-8 (NKJV)

The law of the Lord is perfect, converting the soul; the testimony of the Lord is sure, making wise the simple; the statutes of the Lord are right, rejoicing the heart; the commandment of the Lord is pure, enlightening the eyes.

Judges 16:30 (NKJV)

Then Samson said, 'Let me die with the Philistines!' And he pushed with all his might, and the temple fell on the lords and all the people who were in it. So the dead that he killed at his death were more than those he had killed in his life.

MEMORY VERSE - LOCK IT IN

Judges 16:30 (NKJV) -- "The dead that he killed at his death were more than those he had killed in his life."

THE REAL TALK

Samson's story could have ended in tragedy, but it ends in triumph. After all his failures, his compromise, his sin, his betrayal, God still used him. In his death, Samson killed more Philistines than in his life. God repurposed his life for His glory. That's the message of hope. God can use your failures. He can take the broken pieces of your life and make something beautiful. Your purpose is not over because you've messed up. God is still working. Your strength is being restored. Your purpose is being repurposed.

PRAYER

God, I've made mistakes, but I trust You to repurpose my life for Your glory. Please use me again. Amen.

SPEAK IT OVER YOUR LIFE

"God repurposes my failures for His glory. My purpose is not over."

DAY

20

SUNDAY, SEPTEMBER 20, 2026

God Uses Broken Instruments**TODAY'S WORD****Proverbs 20:24 (NKJV)***A man's steps are of the Lord; how then can a man understand his own way?***Psalms 20:7-8 (NKJV)***Some trust in chariots, and some in horses; but we will remember the name of the Lord our God. They have bowed down and fallen; but we have risen and stand upright.***2 Corinthians 4:7 (NKJV)***But we have this treasure in earthen vessels, that the excellence of the power may be of God and not of us.***MEMORY VERSE - LOCK IT IN****2 Corinthians 4:7 (NKJV) -- "We have this treasure in earthen vessels, that the excellence of the power may be of God."****THE REAL TALK**

God doesn't use perfect people, because there are none. He uses broken people. Samson was broken, by his choices, by his wounds, by his sin. But God still used him. 2 Corinthians 4:7 says we have this treasure in earthen vessels, clay pots, so that the power is from God, not from us. Your brokenness doesn't disqualify you. It makes you a vessel for God's glory. He puts His treasure, His love, His power, His purpose, in ordinary, flawed people. That includes you.

PRAYER*God, I am a clay pot, ordinary and broken. Please put Your treasure in me and use me for Your glory. Amen.***SPEAK IT OVER YOUR LIFE****"God puts His treasure in broken vessels. I am a vessel for His glory."**

DAY

21

MONDAY, SEPTEMBER 21, 2026

The Rhythm of Restoration**TODAY'S WORD****Proverbs 21:1-2 (NKJV)**

The king's heart is in the hand of the Lord, like the rivers of water; He turns it wherever He wishes. Every way of a man is right in his own eyes, but the Lord weighs the hearts.

Psalms 21:13 (NKJV)

Be exalted, O Lord, in Your own strength! We will sing and praise Your power.

Philippians 1:6 (NKJV)

Being confident of this very thing, that He who has begun a good work in you will complete it until the day of Jesus Christ.

MEMORY VERSE - LOCK IT IN

Philippians 1:6 (NKJV) -- "He who has begun a good work in you will complete it."

THE REAL TALK

Restoration is not instant, it's a process. Samson's hair "began to grow", it was gradual, hidden, and significant. Philippians 1:6 says God who began a good work in you will complete it. That means God is patient with the process. He doesn't expect you to be fixed overnight. He works slowly, carefully, gently. Sanctification is a process, from glory to glory. So be patient with yourself. Don't give up. God is still working.

PRAYER

God, help me trust the process. I know You are not finished with me. Please complete the work You started. Amen.

SPEAK IT OVER YOUR LIFE

"God is patient with the process. He is completing His work in me."

DAY

22

TUESDAY, SEPTEMBER 22, 2026

Walking in Holiness Daily**TODAY'S WORD****Proverbs 22:6 (NKJV)***Train up a child in the way he should go, and when he is old he will not depart from it.***Psalm 22:24 (NKJV)***For He has not despised nor abhorred the affliction of the afflicted; nor has He hidden His face from Him; but when He cried to Him, He heard.***1 Thessalonians 4:3-8 (NKJV)***For this is the will of God, your sanctification: that you should abstain from sexual immorality; that each of you should know how to possess his own vessel in sanctification and honor, not in passion of lust, like the Gentiles who do not know God; that no one should take advantage of and defraud his brother in this matter, because the Lord is the avenger of all such, as we also forewarned you and testified. For God did not call us to uncleanness, but in holiness. Therefore he who rejects this does not reject man, but God, who has also given us His Holy Spirit.***MEMORY VERSE - LOCK IT IN****1 Thessalonians 4:3 (NKJV) -- "This is the will of God, your sanctification."****THE REAL TALK**

1 Thessalonians 4:3 says that God's will for us is sanctification, holiness. That's not a one-time decision, it's a daily walk. It means choosing God in the small moments, not just the big ones. Samson made small compromises that led to big failures. Holiness is about the small choices: what you watch, what you say, where you go, who you spend time with. Those small choices add up to a holy life. Today, ask yourself: Is this choice honoring to God? Then choose holiness.

PRAYER*God, help me make small choices that lead to holiness. I want my life to honor You. Amen.***SPEAK IT OVER YOUR LIFE****"I walk in holiness by making small choices that honor God."**

STAGE 5

THE RETURN

DAYS 23–30

This is Samson's final chapter, and it can be yours too -- restoration, purpose, and a generation called back to God. Your hair is growing again.

DAY

23

WEDNESDAY, SEPTEMBER 23, 2026

The Return of Samson, The Return of You**TODAY'S WORD****Proverbs 23:23 (NKJV)***Buy the truth, and do not sell it, also wisdom and instruction and understanding.***Psalms 23:4 (NKJV)***Yea, though I walk through the valley of the shadow of death, I will fear no evil; for You are with me; Your rod and Your staff, they comfort me.***Joel 2:25 (NKJV)***So I will restore to you the years that the swarming locust has eaten, the crawling locust, the consuming locust, and the chewing locust, My great army which I sent among you.***MEMORY VERSE - LOCK IT IN*****Joel 2:25 (NKJV) -- "I will restore to you the years that the swarming locust has eaten."*****THE REAL TALK**

Samson's story is a story of restoration. He failed. He fell. He lost everything. But God gave him one more chance. His hair grew back. His strength returned. And he accomplished more in his death than in his life. Joel 2:25 says God will restore the years the locusts have eaten. That means the wasted years, the pain, the mistakes, the time lost to sin and suffering, God can restore. He can bring beauty from ashes. Your story is not over. God is not finished with you. Return to Him. He will restore you.

PRAYER*God, I return to You. Please restore the years that have been wasted. I trust You to bring beauty from ashes. Amen.***SPEAK IT OVER YOUR LIFE****"God restores the years that were wasted. He is not finished with me."**

DAY

24

THURSDAY, SEPTEMBER 24, 2026

The Call to This Generation**TODAY'S WORD****Proverbs 24:16 (NKJV)***For a righteous man may fall seven times and rise again, but the wicked shall fall by calamity.***Psalms 24:1-2 (NKJV)***The earth is the Lord's, and all its fullness, the world and those who dwell therein. For He has founded it upon the seas, and established it upon the waters.***Psalms 34:18 (NKJV)***The Lord is near to those who have a broken heart, and saves such as have a contrite spirit.***MEMORY VERSE - LOCK IT IN*****Psalms 34:18 (NKJV) -- "The Lord is near to those who have a broken heart."*****THE REAL TALK**

This is a generation carrying deep wounds. Two out of five high school students say they feel persistent sadness. One in five has considered suicide. The call to this generation is not just to be holy, it's to be healed. And then to bring healing to others. Psalm 34:18 says God is near to the brokenhearted. He sees the pain. He wants to heal it. And He wants to use you to bring His hope to others. You can be the friend who listens. You can be the one who prays. You can be the one who tells someone, "You are not too broken. God is not finished with you."

PRAYER*God, help me be a vessel of Your healing to this generation. Show me who needs Your hope today. Amen.***SPEAK IT OVER YOUR LIFE****"I am part of bringing God's healing to this generation."**

DAY

25

FRIDAY, SEPTEMBER 25, 2026

The Samson Principle**TODAY'S WORD****Proverbs 25:21-22 (NKJV)**

If your enemy is hungry, give him bread to eat; and if he is thirsty, give him water to drink; for so you will heap coals of fire on his head, and the Lord will reward you.

Psalms 25:4-5 (NKJV)

Show me Your ways, O Lord; teach me Your paths. Lead me in Your truth and teach me, for You are the God of my salvation; on You I wait all the day.

Judges 16:22 (NKJV)

However, the hair of his head began to grow again after it had been shaved.

MEMORY VERSE - LOCK IT IN

Judges 16:22 (NKJV) -- "However, the hair of his head began to grow again."

THE REAL TALK

The Samson Principle: after all human failures, God always gives the possibility of restoration. Samson failed, spectacularly. But his hair began to grow again. That is the message of grace. God doesn't discard broken instruments. He redeems, restores, and repurposes them. Your failures do not disqualify you. Your mistakes do not end your purpose. God can use you again. Your hair is growing. Your strength is returning. Trust Him.

PRAYER

God, I trust You to restore me. Even though I've failed, I believe You can use me again. Amen.

SPEAK IT OVER YOUR LIFE

"God restores the fallen. He can use me again."

DAY

26

SATURDAY, SEPTEMBER 26, 2026

A Prayer for the Journey**TODAY'S WORD****Proverbs 26:20 (NKJV)***Where there is no wood, the fire goes out; and where there is no talebearer, strife ceases.***Psalm 26:1-2 (NKJV)***Vindicate me, O Lord, for I have walked in my integrity. I have also trusted in the Lord; I shall not slip. Examine me, O Lord, and prove me; try my mind and my heart.***Psalm 51:10-12 (NKJV)***Create in me a clean heart, O God, and renew a steadfast spirit within me. Do not cast me away from Your presence, and do not take Your Holy Spirit from me. Restore to me the joy of Your salvation, and uphold me by Your generous Spirit.***MEMORY VERSE - LOCK IT IN*****Psalm 51:10 (NKJV) -- "Create in me a clean heart, O God, and renew a steadfast spirit within me."*****THE REAL TALK**

Psalm 51 is David's prayer after his failure with Bathsheba. It's a prayer of repentance and restoration: "Create in me a clean heart, O God, and renew a steadfast spirit within me." This is a prayer for the journey from healing to holiness. It acknowledges that we need God to cleanse us, restore us, and uphold us. Samson needed this prayer. So do we. Pray it today, and every day.

PRAYER*God, create in me a clean heart. Renew my spirit. Restore my joy. Uphold me by Your generous Spirit. Amen.***SPEAK IT OVER YOUR LIFE****"God creates in me a clean heart and renews my spirit."**

DAY

27

SUNDAY, SEPTEMBER 27, 2026

God's Compassion Never Fails**TODAY'S WORD****Proverbs 27:19 (NKJV)***As in water face reflects face, so a man's heart reveals the man.***Psalms 27:1 (NKJV)***The Lord is my light and my salvation; whom shall I fear? The Lord is the strength of my life; of whom shall I be afraid?***Lamentations 3:22-23 (NKJV)***Through the Lord's mercies we are not consumed, because His compassions fail not. They are new every morning; great is Your faithfulness.***MEMORY VERSE - LOCK IT IN*****Lamentations 3:22-23 (NKJV) -- "Through the Lord's mercies we are not consumed, because His compassions fail not. They are new every morning."*****THE REAL TALK**

Lamentations 3:22-23 is one of the most hope-filled passages in Scripture: "Through the Lord's mercies we are not consumed, because His compassions fail not. They are new every morning." Every day, God gives you fresh mercy. The failures of yesterday don't carry over. The shame of the past doesn't define today. God's compassion never runs out. Samson needed this truth, and so do you. No matter how badly you've failed, God's mercy is new every morning. Receive it.

PRAYER*God, thank You for new mercies every morning. I receive Your compassion today. Amen.***SPEAK IT OVER YOUR LIFE****"God's mercy is new every morning. His compassion never fails."**

DAY

28

MONDAY, SEPTEMBER 28, 2026

From Healing to Holiness, Your Journey**TODAY'S WORD****Proverbs 28:13 (NKJV)***He who covers his sins will not prosper, but whoever confesses and forsakes them will have mercy.***Psalms 28:6-7 (NKJV)***Blessed be the Lord, because He has heard the voice of my supplications! The Lord is my strength and my shield; my heart trusted in Him, and I am helped; therefore my heart greatly rejoices, and with my song I will praise Him.***1 Peter 1:15-16 (NKJV)***But as He who called you is holy, you also be holy in all your conduct, because it is written, 'Be holy, for I am holy.'***MEMORY VERSE - LOCK IT IN****1 Peter 1:15-16 (NKJV) -- "Be holy, for I am holy."****THE REAL TALK**

The journey from healing to holiness is not a one-time event, it's a process. It begins with acknowledging your wounds, grieving your losses, forgiving those who hurt you, receiving God's love, and breaking the lies you've believed. Then you walk in holiness, making daily choices that honor God. Samson's journey was messy and imperfect, but God restored him. Your journey will be messy too. But God is faithful. Take one step today. Trust the process.

PRAYER*God, I trust You with my journey from healing to holiness. Please help me take one step today. Amen.***SPEAK IT OVER YOUR LIFE****"I am on a journey from healing to holiness. God is faithful."**

DAY

29

TUESDAY, SEPTEMBER 29, 2026

The Hope of Restoration**TODAY'S WORD****Proverbs 29:25 (NKJV)***The fear of man brings a snare, but whoever trusts in the Lord shall be safe.***Psalms 29:10-11 (NKJV)***The Lord sat enthroned at the Flood, and the Lord sits as King forever. The Lord will give strength to His people; the Lord will bless His people with peace.***1 John 1:9 (NKJV)***If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.***MEMORY VERSE - LOCK IT IN****1 John 1:9 (NKJV) -- "He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness."****THE REAL TALK**

1 John 1:9 is the promise of restoration: "If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness." Samson confessed his sins, "Remember me", and God forgave him. He didn't deserve it, but God gave it. That's grace. You don't have to be perfect to be forgiven. You just have to confess. God is faithful. He will cleanse you.

PRAYER*God, I confess my sins to You. Please forgive me and cleanse me from all unrighteousness. Amen.***SPEAK IT OVER YOUR LIFE****"God forgives me when I confess. He cleanses me completely."**

DAY

30

WEDNESDAY, SEPTEMBER 30, 2026

The Return of Samson, The Return of You (Final Day)

TODAY'S WORD

Proverbs 30:5 (NKJV)

Every word of God is pure; He is a shield to those who put their trust in Him.

Psalms 30:5 (NKJV)

For His anger is but for a moment, His favor is for life; weeping may endure for a night, but joy comes in the morning.

Judges 16:22 (NKJV)

However, the hair of his head began to grow again after it had been shaved.

MEMORY VERSE - LOCK IT IN

Judges 16:22 (NKJV) -- "However, the hair of his head began to grow again."

THE REAL TALK

Samson's story is a story of return. He failed. He fell. He lost everything. But his hair began to grow again. God was not finished with him. And God is not finished with you. The journey from healing to holiness is a journey of return, returning to God, returning to your purpose, returning to hope. Your hair is growing. Your strength is returning. God can use you again. Return to Him. He is waiting.

PRAYER

God, I return to You. Thank You that You are not finished with me. Please restore me and use me again. Amen.

SPEAK IT OVER YOUR LIFE

"God is not finished with me. I return to Him. He will use me again."

YOUR HAIR IS GROWING AGAIN.

You spent 30 days walking from wound to wholeness. Whatever was broken, God is not finished with you. Keep healing. Keep walking in holiness. Keep trusting Him for restoration.

FROM HEALING TO HOLINESS · PRE-TEEN EDITION · SEPTEMBER 2026

Written by Akinkunmi Emmanuel Akinlabi

A PERSONAL WORD FROM PASTOR AKINKUNMI

So, What Now?

I pray this devotional has been a blessing to you. I've genuinely loved taking this 30-day journey with you. Let me encourage you to keep showing up for your daily quiet time with God. He is infinitely good, and I hope you've tasted that goodness as He met with you day after day.

If you haven't already, now is the time to share the gospel with someone God has put on your heart -- a friend, a classmate, a sibling. As you share Jesus with them, I'm praying God begins transforming their heart to turn to Him in repentance and faith. And if they come to know the Lord, rejoice with them! Tell them that heaven throws a party over every single person who turns to Jesus (see Luke 15:10).

If they aren't already part of a church, invite them to start attending one that teaches the Bible and will help them grow in their faith. Spend time with them. Help them understand why knowing God through His Word, prayer, and being around His people matters. And encourage them toward baptism -- it's their way of telling the world they now belong to Christ.

Now is also the time to find someone else who doesn't know Jesus yet, and start praying for them, investing in them, and sharing the gospel with them too. Keep pouring into the friend you just led to Christ, and help them find their own person to disciple. You never stop doing this until Jesus calls you home or the whole world hears about Him.

I'd love to hear from you. Tell me how this devotional impacted your life. And if someone surrendered their life to Jesus because you were faithful to share with them, I want to celebrate that with you.

LET'S STAY CONNECTED

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In Christ,

Akinkunmi Emmanuel Akinlabi

Global Senior Pastor, Avalanche of Grace Assembly



FROM HEALING TO HOLINESS

THE SAMSON JOURNEY — 30 DAYS OF RESTORATION



**30
DAYS**



**5
STAGES OF
RESTORATION**



**AGES
12-14**

This September, we are going to follow the story of Samson — a man who was chosen by God before he was born, who had great strength and a great calling, but who made some terrible choices. Samson's life was full of pain, bad decisions, and brokenness. But here is the good news: God was not finished with him.

The Bible says that even after Samson lost everything — his strength, his eyes, his freedom, his purpose — his hair began to grow again. That's a picture of God's grace. God never gives up on you. He can heal your wounds, forgive your mistakes, and restore your purpose.

This month, we will learn:

- How to acknowledge our wounds
- How to grieve our losses
- How to forgive those who hurt us
- How to receive God's love
- How to break free from lies
- How to walk in holiness and purity
- How to trust God for restoration



No matter what you have been through, no matter how broken you feel, God is not finished with you. Your hair is beginning to grow again.

HOW TO USE THIS



READ

Three Scriptures a day. Read them slowly — out loud if you can.



SIT WITH IT

Every lesson speaks to real life. Let it speak to what's actually going on with you.



PRAY IT

Each day has a short prayer. Make it yours.



DECLARE IT

End with the Word Affirmation. Speak it over your life.



A NOTE BEFORE YOU START

This month deals honestly with pain, brokenness, and things that were never your fault. If something you read stirs up something heavy, don't carry it alone — talk to a parent, pastor, counselor, or another trusted adult in your life. God heals, and He often does it through people who love you.

THE ROADMAP

30 Days at a Glance



STAGE 1 — THE WOUND

Day 01	God Sees the Cry of This Generation	Sep 1
Day 02	The Domino Effect of Brokenness	Sep 2
Day 03	The Pain That Drives Us	Sep 3
Day 04	The Fractured Self	Sep 4
Day 05	The Pain of Rejection	Sep 5
Day 06	The Pain of Betrayal	Sep 6
Day 07	Samson's Pain Points	Sep 7



STAGE 2 — THE TURNING POINT

Day 08	The Hope That Begins Healing	Sep 8
Day 09	Repentance, The Turning Point	Sep 9
Day 10	The Marks of Genuine Repentance	Sep 10



STAGE 3 — THE HEALING PROCESS

Day 11	Acknowledge the Wound	Sep 11
Day 12	Grieve the Loss	Sep 12
Day 13	Forgive the Offender	Sep 13
Day 14	Receive God's Love	Sep 14
Day 15	Break Ungodly Agreements	Sep 15
Day 16	The Path to Wholeness	Sep 16



STAGE 4 — HOLINESS & RESTORED STRENGTH

Day 17	Holiness Is Consecration, Not Perfection	Sep 17
Day 18	The Connection Between Healing and Holiness	Sep 18
Day 19	Strength Restored, Purpose Repurposed	Sep 19
Day 20	God Uses Broken Instruments	Sep 20
Day 21	The Rhythm of Restoration	Sep 21
Day 22	Walking in Holiness Daily	Sep 22



STAGE 5 — THE RETURN

Day 23	The Return of Samson, The Return of You... ..	Sep 23
Day 24	The Call to This Generation	Sep 24
Day 25	The Samson Principle	Sep 25
Day 26	A Prayer for the Journey	Sep 26
Day 27	God's Compassion Never Fails	Sep 27
Day 28	From Healing to Holiness, Your Journey	Sep 28
Day 29	The Hope of Restoration	Sep 29
Day 30	The Return of Samson, The Return of You (Final Day)	Sep 30



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